



NADC - ANDIAB
Australian National Diabetes
Information Audit & Benchmarking



Appendix 2
ANDIAB2 Data Definitions

Final Report
ANDIAB2 2010

[September 2010]

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ANDIAB2 Definitions

Date of Birth	Record as DD/MM/YYYY . [If unknown other than year : Record as 01/01/YYYY].
Sex	Record Male or Female [Phenotypic (physical) sex at birth].
Date of Patient Visit	Record the date of the patient visit as DD/MM/YYYY .
Initial Visit	Record (No/Yes) if this is an initial visit assessment.
Indigenous Interpreter	Record (No/Yes) if Aboriginal / Torres Strait Islander (or Neither) .
DVA Patient	Record (No/Yes) the requirement for interpreter services as perceived by the patient.
Year of Diagnosis	Eligible people whose medical care charges are met by the Department of Veterans' Affairs (DVA). (No/Yes).
Type of Diabetes	Record YEAR of first diagnostic blood glucose estimation. Record as YYYY .
Management Method	Record Clinical classification of diabetes. Record as Type1/Type 2/GDM/Don't Know/ or Other .
If on Insulin: Since (year)	Record as Diet Only / Tablets / Insulin / Insulin and Tablets / or NIL .
Currently Pregnant	Record YEAR insulin was started. Record as YYYY .
NDSS Member	Record (No/Yes) whether the patient is currently pregnant.
Smoking Status	Record (No/Yes) if a member of the NDSS.
Tried to Stop Smoking?	Mark Current Smoker or Past Smoker or Never Smoked to indicate smoking of any tobacco material. <i>Current Smoker</i> = regular smoking over past 3mths, <i>Past Smoker</i> = no regular smoking for 1month or more, <i>Never smoked</i> = never smoked any tobacco material.
Flu Vaccination	Has tried IN ANY WAY to stop smoking [self motivation / or QUIT / or Nicotine replacement...] (No/Yes).
Pneumococcal Vaccination	Has the patient had a Flu Vaccination in the past 12 months? (No/Yes).
Physical Activity	Has the patient had a Pneumococcal Vaccination in the past 12 months? (No/Yes).
Sufficient physical activity	Does the patient undertake sufficient Physical Activity? Record as Sufficient / Insufficient / Sedentary Sufficient physical activity for health benefit for a usual 7-day period is calculated by - summing the total minutes of walking, moderate and/or vigorous physical activity. Vigorous physical activity is weighted by a factor of two to account for its greater intensity. Total minutes for health benefit need to be equal to or more than 150 minutes per week.
Insufficient physical activity	Insufficient physical activity for health benefit is where the sum of the total minutes of walking, moderate and/or vigorous physical activity for a usual 7-day period is less than 150 minutes but more than 0 minutes.
Sedentary	Sedentary - is where there has been no moderate and/or vigorous physical activity during a usual 7-day period.
The National Physical Activity Guidelines	<i>The National Physical Activity Guidelines</i> for Australians describes Moderate-intensity physical activity as causing a slight but noticeable, increase in breathing and heart rate and suggests that the person should be able to comfortably talk but not sing. Vigorous physical activity is described as activity, which causes the person to 'huff and puff', and where talking in a full sentence between breaths is difficult.
Carrying Identification	Is the patient carrying identification indicating they have diabetes [applicable to all subjects] (No/Yes).
Traffic Authorities Told	Has patient told the Traffic Authorities that they have diabetes [applicable to all who drive] (No/Yes).
Carrying Hypo Rx	Is the patient carrying simple carbohydrate [applicable to subjects on SU or Insulin for diabetes] (No/Yes).
Hypoglycaemic Awareness	In last 6 months has the patient always recognised [and self treated] their hypos (No/Yes).
Contact	Does the patient know who to contact for medical/health advice about their diabetes? [Health Professional or DA] (No/Yes).
Contact Telephone	Does the patient have a telephone contact number for medical/health advice about their diabetes? (No/Yes).
Lipohypertrophy	Does the patient have Lipohypertrophy present at injection sites? (No/Yes). Not Relevant = Not On Insulin
Lipoatrophy	Does the patient have Lipoatrophy present at injection sites? (No/Yes). Not Relevant = Not On Insulin
Glycated Hb	Record absolute result [%] of the most recent HbA1c result in the last 6 months.
Take Medicines	Does the patient take all of their medicines as prescribed by their doctor?: (No/Yes). Not Relevant = On NO Rx
Given Consumer Medicines Information [CMI]	Was the patient given CMI when given their last prescribed Medicine?: (No/Yes).
Complementary Therapy	Is the patient using a complementary therapy [herbal/homeopathic/essential oil/vitamin or mineral supplement OR dietary supplement OR OTC Rx?: (No/Yes).
Told Doctor / DE	Has the patient told their Doctor or diabetes educator about using complementary therapy or OTC?: (No/Yes).
Health Professional Attendances	Record if patient Attended (last 12 months) (No/Yes) for each Health Professional ...
Podiatrist ; Educator ; Dietitian ; Psychologist ; Social Worker ; Diabetes Specialist ; Ophthalmologist ; Optometrist ; Dentist ; Exercise Physiologist	
Diabetes Distress Scale [DDS]	All patients do Screening Questions. If report >= 3 for either, administer DDS 17 Questionnaire
A DSS Screening Scale Q1	Record the ACTUAL SCORE reported in the DSS Screening Questionnaire question 1.
DSS Screening Scale Q2	Record the ACTUAL SCORE reported in the DSS Screening Questionnaire question 2.
B Total DSS Score	Record the 'Mean Item SCORE' calculated on the DSS17 Scoring Sheet.
Emotional Burden	Record the 'Mean Item SCORE' calculated on the DSS17 Scoring Sheet.
Physician-related Distress	Record the 'Mean Item SCORE' calculated on the DSS17 Scoring Sheet.
Regimen-related Distress	Record the 'Mean Item SCORE' calculated on the DSS17 Scoring Sheet.
Interpersonal Distress	Record the 'Mean Item SCORE' calculated on the DSS17 Scoring Sheet.
DSS17 Questionnaire Done	Was the Diabetes Distress Scale 17 Questionnaire Done by the Patient? (No/Yes).
Own Health State Rating	Record the absolute result of the patient's Self Rating (0-100).
Brief Case Find For Depression [BCD]	
The Brief Case Find For Depression [BCD] {Copyright 1993 Monash University Department of Psychological Medicine} has been chosen as a validated tool that can 'screen' for depression. This asks four 'Yes / No' questions of the individual ... :	
Over the past couple of weeks, have you ...[ie has the patient]	
[a] been having restless or disturbed nights?	(No / Yes)
[b] been feeling unhappy or depressed?	(No / Yes)
[c] been feeling unable to overcome difficulties? {'problems of life that have been worrying you [them]}	(No / Yes)
[d] been dissatisfied with their way of doing things ? {'things that you've [they've] had to do at home or at work'}	(No / Yes)
Three additional 'Yes / No' questions have been added to supplement the BCD ... :	
Is the patient taking antidepressant medication (not prescribed for peripheral neuropathy)?	(No / Yes)
Has the patient had psychiatric treatment/counselling in the past?	(No / Yes)
Is the patient currently having psychiatric treatment/counselling?	(No / Yes)

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