



Appendix A

Appendix A – Project Profiles

A summary profile of each project has been compiled, using information from the online survey, pre-existing documentation/data (funding agreements, progress reports, evaluation reports etc.) and workshop feedback.

Information is provided on the following for each of the projects under the following headings:

1. Project Profile
2. Project Description
3. Activities
4. Funding (all figures are exclusive of GST)
5. Staffing.

Profiles are provided for the following 49 projects:

Project or Program Name	Project Organisation
Active Life Enhancing Intervention (ALIVE) Program	Perth Central and East Metro Medicare Local (previously Perth Primary Care Network)
Active Response Bereavement Outreach Program (ARBOR)	Anglicare WA
Building Bridges	Australasian Centre for Rural and Remote Mental Health (previously Centre for Rural and Remote Mental Health Queensland)
Burdekin Mental Health Foundation	Burdekin Community Association
CALD Community Connections (also referred to as Phoenix Centre Suicide Prevention Project)	Migrant Resource Centre
Community Broadcasting Suicide Prevention Project	Community Broadcasting Association Australia
Community Connections	CAN (Mental Health) (previously referred to as Consumer Activity Network)
Community Connections Toowoomba	Toowoomba Older Men's Network Inc
Comprehensive Suicide Prevention Service	Uniting Church Australia – Lifeline Newcastle and Hunter
Deadly Alive (previously referred to as Something Better & Napranum Life Promotion)	QLD Police-Citizens Youth Welfare Association
Expanded Horizons	Wesley Mission Brisbane
Farm Link	Centre for Rural and Remote Mental Health
Healing Through the Map	Injury Control Council of Western Australia
HOPE – SRA	Mildura Aboriginal Corporation
Hope for Life	Salvation Army Property Trust NSW

Appendix A – Project Profiles

Project or Program Name	Project Organisation
Incolink	Redundancy Payment Central Fund
Koori Kids Wellbeing Program	South Coast Medical Service Aboriginal Corporation
LIFE Communications	Crisis Support Services Inc
LifeForce	Wesley Mission
Living Beyond Suicide	Anglicare SA Inc
Men's Health Information and Resource Centre (MHIRC) – "The Shed"	University of Western Sydney
Mental Illness and Bereavement Project	SANE Australia
MindFrame Education & Training Projects	Hunter Institute of Mental Health
MindOUT!	National LGBTI Health Alliance
National Centre of Excellence in Suicide Prevention	Griffith University
National Suicide Call Back Service	Crisis Support Services Inc
NEXUS	Queensland Program of Assistance to Survivors of Torture and Trauma
OzHelp Foundation Region and National Expansion (previously referred to as Apprentices Project – ACT)	Oz Help ACT
Peer Support Australia	Peer Support Foundation Ltd
Post Discharge Care from Hospital Emergency Departments	General Practice QLD
R U OK? Day	R U OK? Ltd
ReachOut! Pro Website	Inspire Foundation
REAL4Mii Northern Territory (previously referred to as Apprentices Project – NT)	Oz Help NT
REAL4Mii Pilbara (previously referred to as Real engagement and linking for Men in industry (REAL4Mii))	OzHelp Ltd WA
Response to Youth Suicide in Greater Geelong	Anglicare Vic
Rural Alive and Well Program (RAW)	Rural Alive and Well Inc
SANE Media Centre & Stigmawatch	SANE Australia
SPA Strategic Partnership	Suicide Prevention Australia
StandBy - ACT	Support Link Australia
StandBy - Brisbane	Lifeline Community Care Brisbane
StandBy Response Service (also referred to as StandBy - 6 Sites)	United Synergies Ltd
Strength to Strength Suicide Prevention Resources (formerly referred to as Basic Needs Project)	Northern Territory Medicare Local (formerly General Practice Network NT)
Suicide Story Train the Trainer	Mental Health Association of Central Australia

Appendix A – Project Profiles

Project or Program Name	Project Organisation
Support After Suicide	Jesuit Social Services Ltd
Sustainable Personal Development for Aboriginal Men	Centacare Catholic Family Services Country SA (formerly Centacare Catholic Family Services - Port Pirie Diocese)
The Strength Within (previously Community Capacity Building and Training Project (CCBTP) and Drop the Rock)	Royal Flying Doctor Service of Australia
WHO START Project	Griffith University (Australian component of a broader international research project)
Workplace Training and Education	Oz Help Tasmania Foundation
Yirimán Project	Kimberley Aboriginal Law and Culture Centre

Active Life Enhancing Intervention (ALIVE) Program

1. Project Profile

Project Name(s)	Active Life Enhancing Intervention (ALIVE) Program
Funded Organisation	Perth Central and East Metro Medicare Local (previously Perth Primary Care Network)
Geographical Area	Local
State/Territory	Western Australia
Approach(es)	Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ People who have previously attempted suicide▪ People who have self harmed

2. Project Description

ALIVE provides support to General Practitioners (GPs) whose patients present with suicidal or self harm ideas and patients discharged from the Emergency Departments (EDs) at Sir Charles Gairdner Hospital, Swan Districts Hospital and Swan Adult Mental Health Service that have attempted suicide or engaged in self harm.

ALIVE is an intensive case management service that provides a professional and assertive mental health approach that provides a professional and assertive mental health approach including comprehensive assessment, support and through care with a GP and linking the patient with health and social services. The program also promotes the ALIVE model to GPs and provides evidence based training in suicide prevention to health professionals to empower them to identify and respond to people at risk of suicide.

3. Activities

To achieve the project objectives, the following activities are undertaken:

- Regular weekly meetings with mental health staff of EDs to triage new referrals
- Communication with GPs regarding patient's discharge, relationship/engagement with ALIVE program, ED discharge documents, care plan, mental health assessment, K10 and suicide risk assessment
- Liaison with hospital mental health staff regarding the ongoing clinical needs of patients with possible referral back to hospital for clinical care

Active Life Enhancing Intervention (ALIVE) Program

- Referral of clients to community resources. Referrals include to AOD services, long term psychological counselling, accommodation services, and organisations providing psycho-social support
- Providing assertive post discharge patient care. Patients are contacted within 24 hours of receipt of referral, they are then seen within 72 hours of receipt of referral and ALIVE staff contact referrer with outcome of referral
- Presentation of ALIVE model of suicide intervention and assessment at GP conferences/seminars, practice visits and other organisations
- Gatekeeper training presented to GPs and other health professionals
- Debriefing opportunities and information offered to GPs and health professionals managing suicidal patients
- Linkages and partnerships – participation in Eastern Regions Mental Health Agencies (ERMHA) group, developing new partnership with Royal Perth Hospital ED, ongoing partnership with Swan Adult Mental Health Service and Sir Charles Gairdner Hospital, new partnership with City Mental Health.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$323,360	\$302,720	\$233,920	\$220,059	\$295,979	\$301,307	\$306,403
% project funding	Not Applicable			70%		50%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			2.6		2.6	
Number staff positions filled (FTE)	Not Applicable			2.6		2.6	

Active Response Bereavement Outreach Program (ARBOR)

1. Project Profile

Project Name(s)	Active Response Bereavement Outreach Program (ARBOR)
Funded Organisation	Anglicare WA 2011/12-2012/13 Curtin University of Technology 2009/10-2010/11
Geographical Area	Local
State/Territory	Western Australia
Approach(es)	Selected
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ Men▪ Youth▪ Indigenous populations▪ CALD communities▪ Older people▪ Whole of community▪ Workforce▪ Other

2. Project Description

ARBOR is a postvention service that aims for early engagement of those bereaved by suicide with support services, resources and assistance. The ARBOR program accepts referrals from agencies in the Perth area and has an established referral relationship with the Coronial Counselling Service.

The objectives of the project are: to provide early intervention and additional support opportunities to reduce stigma and isolation associated with suicidal bereavement and normalise the grief process, to reduce the risk of suicide amongst those bereaved, to raise awareness of the complexities of suicide bereavement with allied health professionals, and provide a suicide bereavement service within the Perth Metropolitan area which includes counselling and support groups.

3. Activities

The key activities carried out by the ARBOR program are:

Active Response Bereavement Outreach Program (ARBOR)

- 24 hour response capacity to link with bereaved families
- Linking and referring bereaved to appropriate support service/services
- Ensure debriefing, support and supervision is available to volunteers and staff
- Establishment and facilitation of support groups and educational sessions
- Maintenance of Expert Reference Group
- Development of relationships with Aboriginal Services and Communities
- Completing and ongoing distribution and refinement of brochures, marketing materials, website and client packs
- Developing new Memorandums of Understanding/partnerships with relevant stakeholders such as youth services, Aboriginal and Culturally and Linguistically Diverse (CALD) services and communities, actively seek to move relationships from the networking level to collaboration and integration
- Conducting seminars and workshops for allied health services and delivering training package to Aboriginal people and communities bereaved by suicide
- Training and developing workshop facilitators.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$390,233	\$367,740	\$377,026	\$321,503	\$492,547	\$501,413	\$510,439
% project funding	Not Applicable (Curtin University of Technology)			Not Applicable (Curtin University of Technology)		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable (Curtin University of Technology)			Not Applicable (Curtin University of Technology)		4.5	
Number staff positions filled (FTE)	Not Applicable (Curtin University of Technology)			Not Applicable (Curtin University of Technology)		6	

Building Bridges

1. Project Profile

Project Name(s)	Building Bridges
Funded Organisation	Australasian Centre for Rural and Remote Mental Health (previously Centre for Rural and Remote Mental Health Queensland)
Geographical Area	Local
State/Territory	Queensland
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities
Target Groups	<ul style="list-style-type: none">▪ Whole of community

2. Project Description

Launched in the Dalby community, south west of Brisbane and the Yarrabah, Hope Vale and Kowanyama Aboriginal communities in Cape York, Building Bridges focused on supporting local suicide prevention and intervention activities with Indigenous individuals and organisations.

The project was designed to provide greater protection for at-risk individuals living in these communities by strengthening and empowering both the individual and the community in which they live. The Building Bridges Project implemented and disseminated successful Indigenous suicide prevention activities that built on and extended effective local responses to self-harming behaviours previously developed in Yarrabah. These existing solutions and expertise included Yaba Bimbie Men's Group, Family Well Being Empowerment and the Life Promotion Officer Project.

In the second round of funding (2009-11), Building Bridges was funded to develop a framework to strengthen/develop the capacity of existing organisations in the Dalby/St George area to bridge the identified gaps in the provision of services to support suicide prevention.

3. Activities

Activities undertaken by the project have varied over the three funding rounds, as described below.

The first stage of the project "Building Bridges 1" launched in the Dalby, Yarrabah, Hope Vale and Kowanyama communities. It focussed on supporting local suicide prevention and intervention activities with Indigenous individuals and organisations. This component ran in partnership with various

Building Bridges

community groups and supported such initiatives as the Family Wellbeing Program and a knowledge sharing event for Indigenous men.

The second phase "Building Bridges 2" undertook the following activities:

- An analysis of data to identify trends/high risk groups in relation to suicide and self-harm in the identified communities
- An audit of current suicide prevention related services/ activities in the identified areas of Dalby and St George
- Identification of the gaps in service delivery revealed by the above two activities
- Development of a Strategic Framework in each community (Dalby and St George) to build the capacity of current organisations, develop linkages and referral pathways to maximise effective service delivery.

The third phase "Building Bridges 3" undertook or will undertake the following activities:

- Mini Roadshow conducted in Kingaroy, Tara, Dalby and Clifton. It had John Schumann (ex Redgum), Hugh McDonald (ex Redgum) and the Vagabond Crew touring talking about the importance of mental health. At the same time local service providers attended and provided resources, referral pathways, contact details and any other relevant information to the community. Local Service agencies provided BBQ, drinks and activities for children
- Gathering information from existing literature, data and relevant unpublished materials across the range of fields relevant to mental health and wellbeing (including suicide prevention) in rural communities
- Development and production of an updated Background paper (from the one developed in BB2) that provides information to the community surrounding mental health and wellbeing, including suicide prevention
- Conduct an audit of the current suicide prevention related services and activities in Tara
- Develop a Community Plan and Strategic Framework for the Community of Tara
- Support and encourage the embedding of the Strategic Frameworks for Dalby and St George into the culture and everyday practice of the individuals, groups and the community of both Dalby and St George respectively
- Update and improve the Strategic Frameworks for Dalby and St George that were developed through BB2.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$515,727	\$486,000	\$498,273	\$231,818	\$200,220	\$259,945	\$254,645
% project funding	100%			100%		100%	

Building Bridges

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	1			1		2.5	
Number staff positions filled (FTE)	1			1		1.75	

Burdekin Mental Health Foundation

1. Project Profile

Project Name(s)	Burdekin Mental Health Foundation
Funded Organisation	Burdekin Community Association
Geographical Area	Local
State/Territory	Queensland
Approach(s)	Universal and Selected
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ Men▪ Youth▪ Indigenous populations▪ People living with a mental illness▪ People who have previously attempted suicide▪ People who have self harmed▪ Rural and remote communities▪ People living with an alcohol or other drug problem▪ Whole of community▪ Other

2. Project Description

The Burdekin Community Association was first funded under the NSPP in 2007 to establish and provide the Burdekin Mental Health Foundation Program, which conducts a community-based education and awareness program on suicide prevention, mental health support and mental health wellbeing awareness in the Burdekin Shire in Queensland. The aim of the Burdekin Mental Health Foundation is to be pro-active, preventative and to have a holistic approach to the mental health and wellbeing of the community.

3. Activities

The following core 'community projects' were developed:

- Mental Health First Aid

Burdekin Mental Health Foundation

- Help When You Need It. A specially tailored youth program was purchased and circulated to all schools in the Burdekin Shire
- Burdekin Mental Health Foundation website. The primary role of the website is to raise community awareness and provide practical education and information to ensure that local people will find the best and easiest path to get the help they need
- Information packs covering mental health issues. Mental Health Information Packs target a broad community cross section, including farming, business and schools
- Suicide intervention training courses Community Response to Eliminating Suicide (CORES). The Burdekin Shire became the first in Queensland to adopt the CORES suicide prevention program. CORES is a whole-of-community education program targeting community leaders, youth leaders and mentors, sports administrators, church leaders, etc. Anyone with a commitment to the well-being of the community. CORES teaches the skills to identify mental health issues in another person – a friend, family member, work, social or sporting colleague – and to offer them help when they need it
- Clinical consultation counselling: Professional counselling consultations give those community members who are in financial hardship the opportunity to get help, who would otherwise not receive this service
- Bereavement support.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Data Not Supplied	\$99,000.00	\$88,000.00	\$71,000.00	\$120,000.00	\$119,615.10	\$121,767.80
% project funding	95%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	1			1		1	
Number staff positions filled (FTE)	1			2.5		2	

CALD Community Connections

1. Project Profile

Project Name(s)	CALD Community Connections (previously known as Phoenix Centre Suicide Prevention Project)
Funded Organisation	Migrant Resource Centre
Geographical Area	State-wide
State/Territory	Tasmania
Approach(es)	Selected
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ CALD communities▪ Refugee communities

2. Project Description

The aim of the CALD Community Connections project is to reduce suicide risk and increase the capacity to respond to suicide crises within Culturally and Linguistically Diverse (CALD) communities and CALD individuals.

3. Activities

To achieve the project aims, the project undertakes the following key activities:

- Partnering with key organisations e.g. suicide related organisations and CALD organisations, to:
 - strengthen service providers' knowledge of CALD communities' perspectives on suicide and strategies to reduce/prevent suicide in their communities
 - build CALD communities' knowledge of service providers' perspectives on suicide and strategies to reduce/prevent suicide in the community and the available resources
 - increase service providers' targeting of their services to CALD communities
 - increase opportunities for service providers and CALD communities to work together on suicide issues
- Working with service providers and suicide crisis/emergency services, to improve their knowledge and understanding of different culturally based expressions/behaviours that may be exhibited by people from CALD backgrounds in order to ensure appropriate, adequate and timely treatment

CALD Community Connections

- Strengthening relationships with service providers via meetings, to share information on referral processes, project findings, and insights re effective strategies to address suicide risk in CALD communities
- Increasing capacity of CALD communities to respond to suicide issues/crises in their communities by supporting people from CALD communities and bicultural workers to increase their knowledge and understanding of suicidality and of suicide reduction strategies
- Identifying at-risk individuals e.g. through project activities, by working with service providers
- Assessing at risk individuals referred by other service providers, community members or self referrals
- Referring people identified as at-risk to appropriate service providers.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	Not Applicable	\$299,864	\$179,918	\$244,209	\$248,605
% project funding	Not Applicable			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			3		3	
Number staff positions filled (FTE)	Not Applicable			3		3	

Community Broadcasting Suicide Prevention Project

1. Project Profile

Project Name(s)	Community Broadcasting Suicide Prevention Project
Funded Organisation	Community Broadcasting Association Australia
Geographical Area	National
State/Territory	National
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Whole of community

2. Project Description

The Community Broadcasting Suicide Prevention Project delivers help-seeking and wellbeing messages to a wide and diverse network of communities nationally including Indigenous communities, rural and remote and Cultural and Linguistically Diverse (CALD) communities through satellite and local radio providing 24 hour a day national delivery of suicide and mental health and well-being messages.

The project aims to:

- Provide 24 hour a day national delivery of suicide, mental health and wellbeing messages to over 270 radio stations nationwide
- Distribute a monthly magazine and audio CD to promote suicide prevention, help-seeking behaviours and wellbeing to a large national audience
- Develop the skills of community broadcasters around Australia to help them promote wellbeing, awareness of mental health issues, access to service providers, and appropriate information on suicide prevention.

3. Activities

Each month, with the Project Advisory Committee, a series of 20 short (1-2 minute) radio broadcasts designed to promote help-seeking and well-being are developed. Segments include: information on mental health, depression and anxiety; information on support services available to people going through difficult times in their lives; aspirational messages from well-known community members; and messages from grass-roots community members about how they have coped with difficult periods of their lives and the support they've access to help them to do this.

The content from national broadcasts is used as basis for production of a monthly educational resource tool – a package designed for use by: organisations working in the area of suicide prevention and mental health; local radio stations who will use the package on an ongoing basis as part of their local

Community Broadcasting Suicide Prevention Project

broadcasts and other interested service providers and community organisations. The information kit includes an audio CD and a 16-page full colour A5 magazine.

Every 6 months, a CD of specific content is packaged for both Indigenous and CALD audiences and distributed to all radio stations broadcasting to these groups. These audio segments are developed with the input of community members from each of the target language groups and focus on providing each target group with culturally appropriate information

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount				\$396,458	\$322,900	\$366,152	\$384,548
% project funding	Not Applicable			80%		80%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			2.5		2.5	
Number staff positions filled (FTE)	Not Applicable			2.5		2.5	

Community Connections Toowoomba

1. Project Profile

Project Name(s)	Community Connections Toowoomba
Funded Organisation	Toowoomba Older Mens Network Inc
Geographical Area	State-wide
State/Territory	Queensland
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Men▪ People living with a mental illness▪ People who have previously attempted suicide▪ Rural and remote communities▪ Older people

2. Project Description

The Community Connections project delivered by the Toowoomba Older Mens Network aims to:

- Expand the capacities of existing rural older men's groups in order to ensure they remain functional and sustainable in high-risk rural communities
- Positively support the role of older men supporting older men in the community, focusing on enhancing the status and value of this work in the Toowoomba and regional community
- Increase social and emotional support for at-risk older men in selected aged care facilities, retirement villages and over '50's accommodation through the extension of outreach older men's groups
- Reduce the risk of suicide for older men who require greater professional intervention by establishing community networks of older men in a safe and known environment.

3. Activities

To achieve the above aims, the project undertakes the following activities:

- Aim 1 – to expand the capacities of existing rural older men's groups in order to ensure they remain functional and sustainable in high-risk rural communities.

Community Connections Toowoomba

Activities include Men's Muster, newsletters, promotional and networking activities, support visits to Men's groups.

- Aim 2 – support the role of older men supporting older men in the community, focusing on enhancing the status and value of this work in the Toowoomba and regional community.

Activities include maintaining the volunteer program, assessing and identifying the needs of at-risk older men in the community and implement appropriate outreach services and support, training and developing volunteers who play a critical role in suicide prevention.

- Aim 3 – Increasing social and emotional support for at-risk older men in selected aged care facilities, retirement villages and 'over 50's accommodation through the extension of outreach older men's groups.

Activities include providing professional support to existing groups to ensure their long-term sustainability and capacity to meet the ongoing and transitional needs of older men within their facilities; establishing new men's groups to address social isolation, grief and loss, loneliness, depression and transitions experienced by older men; providing training and awareness on older men's issues to staff working in local aged care accommodation.

- Aim 4 – Reducing the risk of suicide for older men who require greater professional intervention by establishing community networks of older men in a safe and known environment.

Activities include providing initial crisis intervention and professional support to members and clients to address critical issues when they occur and to promote improved chances of effecting change; building professional relationships with community health services and local agencies to facilitate referral pathways for long-term counselling and professional support.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$238,775	\$416,302	\$206,595	\$263,179	\$314,105	\$312,675	\$318,303
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	3			3		3	
Number staff positions filled (FTE)	3			3		3	

Community Connections

1. Project Profile

Project Name(s)	Community Connections
Funded Organisation	CAN (Mental Health) (previously referred to as Consumer Activity Network)
Geographical Area	National
State/Territory	New South Wales
Approach(es)	Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People living with a mental illness

2. Project Description

The Consumer Activity Network (Mental Health) Inc. (CAN) is an independent, not for profit, consumer run organisation for people with a mental illness. One of CAN's aims is to promote and enhance mental health wellbeing and recovery journeys for people with a mental illness. Two major project components are delivered through NSPP funding:

- **Phone Connections:** A national peer support and information referral line for three (3) nights per week – a total of 16 hours. Phone Connections aims to socially connect consumers by a national telephone peer support line, thereby decreasing consumers accessing crisis services, when not warranted.
- **Hospital to Home:** a service based at Liverpool which provides practical assistance to mental health consumers and peer support for consumers on discharge from the inpatients units at Liverpool and Campbelltown Hospitals for a period of up to six weeks from discharge, with the aim of assisting consumers to remain out of the inpatient hospital setting (four days per week plus Saturday, a total of 46 hours). The aim of this service is to reduce the re-admission rates into hospital for consumers and to reduce where possible attempted or completed suicide.

3. Activities

Activities undertaken by the project include:

- Providing the Phone Connections service – providing social connection, information and referral
- Providing the Hospital to Home service – this service includes home visits, transportation to various appointments, assistance with shopping, hospital visits.
- Participation in a broad range of external training, conferences and workshops.

Community Connections

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$318,855	\$187,709	\$218,436	\$264,778	\$263,822	\$296,380	\$312,720
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	3.18			3.18		3.18	
Number staff positions filled (FTE)	3.18			3.18		3.18	

Comprehensive Suicide Prevention Service

1. Project Profile

Project Name(s)	Comprehensive Suicide Prevention Service
Funded Organisation	Uniting Church Australia – Lifeline Newcastle and Hunter
Geographical Area	Local
State/Territory	New South Wales
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none"> ▪ Improving the evidence base and understanding of suicide prevention ▪ Building individual resilience and the capacity for self-help ▪ Improving community strength, resilience and capacity in suicide prevention ▪ Taking a coordinated approach to suicide prevention ▪ Providing targeted suicide prevention activities ▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none"> ▪ People bereaved by suicide ▪ Men ▪ People who have previously attempted suicide ▪ People who have self harmed ▪ Rural and remote communities ▪ Older people ▪ Whole of community ▪ Workforce

2. Project Description

The project offers a holistic suicide prevention service covering Newcastle, Lake Macquarie and the Hunter and targets adults, high-risk groups, identified persons at risk of suicide, community organisations, and mental health professionals. The project comprises three streams: Prevention, Intervention and Postvention.

3. Activities

The activities undertaken across the three streams are as follows:

Prevention: Includes life promotion activities that build resilience and overcome social isolation. The prevention arm of the project has two focus areas – the first is to empower individuals across a wide range of issues through educational programs. These programs include:

- Interpersonal communication skills; building personal resilience; enhancing public awareness of suicide through suicide awareness presentations called LivingWorks ASIST and safeTALK.

Comprehensive Suicide Prevention Service

Intervention: Offers life protection for those who have suicidal ideation, self-harm or have attempted suicide. The services include:

- A 24 hour telephone counselling service
- LivingWorks ASIST (Applied Suicide Intervention Skills Training) two day workshops
- Life Matters Intervention program including: intensive support for people at risk of suicide for up to three months with minimal waiting time; and confidential weekly face to face counselling and the offer of a telephone “buddy” who is available to call clients up to three times a week
- Working collaboratively with other agencies to raise community awareness and action re suicide intervention.

Postvention: Offers support to those people who have been bereaved by suicide. It provides a safe and understanding space to assist clients with the grief and healing process. The education course and support groups provide a sense of connectedness to others sharing a similar loss. The services include:

- Support after suicide education course
- Grief support group
- Face to face counselling
- Care calls to family and friends of those bereaved by suicide
- Annual observance service.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$238,008	\$233,280	\$239,171	\$259,704	\$270,296	\$275,000	\$280,000
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	1.5			3.4		3	
Number staff positions filled (FTE)	1.5			3.4		2.2	

Deadly Alive

1. Project Profile

Project Name(s)	Deadly Alive (formerly known as Something Better & Napranum Life Promotion)
Funded Organisation	QLD Police-Citizens Youth Welfare Association
Geographical Area	Local
State/Territory	Queensland
Approach(es)	Selected
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ Youth▪ Indigenous populations▪ People who have previously attempted suicide▪ Rural and remote communities▪ People living with an alcohol or other drug problem▪ Whole of community

2. Project Description

The 'Something Better' Project was first established with the aim of providing structured suicide prevention training for Sport and Recreation Officers, relevant PCYC staff; exposure to support and advice from qualified professionals trained in youth suicide and facilitate access to organised sporting and recreational activities for young people in eight Aboriginal communities in far North QLD. In the second funding round, the focus shifted to the communities of the Northern Peninsula Area (NPA).

The 'Deadly Alive' project builds on the demonstrated service model and expertise gained through the 'Something Better Project' in the Northern Peninsula Communities of far North QLD.

The Deadly Alive project will work with the communities to develop a network of support and create greater resilience among young people in the community who are or may be affected by suicide or suicidal behaviours. Specifically the project aims to:

- Establish a support network within the community through the Brisbane based community health worker
- Establish two local community network teams
- Engage two local Community Development Officers
- Utilise the Community Development Officers to link at risk individuals to external referrals and diversionary activities

Deadly Alive

- Provide a range of youth developmental opportunities.

3. Activities

In the current funding period, the key activities are:

- Liaison with the local community, key partners and other stakeholders to identify members interested in establishing a suicide support and prevention network
- Establishment of two community network teams
- Engagement of two local community Development Officers
- Referrals of young people into diversionary activities through the Police-Citizens Youth Clubs' CAPE Program Activities
- Engagement of selected young people to participate in development opportunities such as the Police-Citizens Youth Clubs' State Youth Leadership Program and Catalyst Program
- Coordination of all activities by the Communities Health worker.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$135,524	\$212,847	\$420,000	\$256,577	\$273,035	\$48,417	\$311,025
% project funding	Data Not Supplied			Data Not Supplied		Data Not Supplied	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Data Not Supplied			Data Not Supplied		3	
Number staff positions filled (FTE)	Data Not Supplied			Data Not Supplied		8	

Expanded Horizons

1. Project Profile

Project Name(s)	Expanded Horizons
Funded Organisation	Wesley Mission Brisbane
Geographical Area	Local
State/Territory	Queensland
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Youth▪ People living with a mental illness▪ People who have previously attempted suicide▪ People who have self harmed▪ LGBTI populations▪ CALD communities▪ Refugee communities▪ People living with an alcohol or other drug problem

2. Project Description

The Expanded Horizons program is delivered in the Gold Coast Local area and aims to reduce the risk of suicide for two distinct target groups:

- Lesbian, Gay, Bisexual, Transgendered, Intersex, Questioning and Sistergirls (LGBTIQS) aged 13-17
- Culturally and Linguistically Diverse (CALD) youth aged 13-17 years, or engaged in high school.

The overall aims and objectives are to:

- Support the target groups to increase protective factors and build resilience
- Provide case management for individuals at high risk
- Develop participants' positive connections to their identity
- Enhance engagement with learning and/or re-engage participants into education and training
- Increase protective factors by enhancing social support and cultural integration
- Provide interventions to assist clients to have their needs met
- Provide culturally appropriate opportunities for increased awareness of mental health

Expanded Horizons

3. Activities

- Assessing clients individually and offering case management to those most at risk
- Providing brief interventions to support clients to access information, support and referral pathways
- Group Drop-in service called "QSPACE" where clients are able to access support resources and information
- Homework Club, to provide academic support as well as support with acculturation issues, provision of information in culturally appropriate ways, and developing support networks
- Group activities to increase support, develop resiliency, and life skills as well as increasing protective factors, e.g. enhancing social support and cultural integration by supporting clients to attend activities including community programs, clubs (e.g. sporting clubs) and events; involving clients in an activity during Mental Health Week that promotes mental health and well-being; providing workshops, engaging clients in planning, preparation and support of Gold Coast Gay Day 2012 and 2013.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$277,000	\$238,000	\$118,000	\$213,950	\$223,174	\$222,497	\$226,502
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	3			3		2	
Number staff positions filled (FTE)	3			3		2	

Farm Link

1. Project Profile

Project Name(s)	Farm Link
Funded Organisation	Centre for Rural and Remote Mental Health
Geographical Area	Local
State/Territory	New South Wales
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none"> ▪ Improving the evidence base and understanding of suicide prevention ▪ Building individual resilience and the capacity for self-help ▪ Improving community strength, resilience and capacity in suicide prevention ▪ Taking a coordinated approach to suicide prevention ▪ Providing targeted suicide prevention activities ▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none"> ▪ People bereaved by suicide ▪ Men ▪ Youth ▪ Indigenous populations ▪ People living with a mental illness ▪ People who have previously attempted suicide ▪ Rural and remote communities ▪ LGBTI populations ▪ Older people ▪ People living with an alcohol or other drug problem ▪ Whole of community ▪ Workforce ▪ People affected by workforce redundancies ▪ People affected by natural disasters

2. Project Description

The Centre for Rural and Remote Mental Health (CRRMH) was established in 2001 and is a major rural initiative of the University of Newcastle, the NSW Centre for Mental Health (NSW Health) and the Greater Western Area Health Service. CRRMH aims to improve the mental health of people in rural New South Wales through academic leadership, collaboration and achievements in research, education, service planning and policy development. Overall objectives of the Farm Link Project are:

- a) Providing targeted suicide prevention activities
 - Improving access to a range of support and care for people feeling suicidal;

Farm Link

- Supported interventions for high needs population groups (i.e. Indigenous people, young people and men); and
- Improving community strength, awareness and resilience;
- b) Taking a coordinated approach to suicide prevention
 - Developing and maintaining linkages and partnerships with key stakeholders to achieve mutual outcomes; and
 - Building cross-sectoral partnerships, including governments, peak bodies, communities, and non-government organisations.
- c) Improving the evidence base and implementing standards and quality in suicide prevention
 - Training and up-skilling for health professionals and front-line workers, particularly in rural and remote areas;
 - Conducting project evaluation and implementing recommendations;
 - Improving practices through the development of policies and procedures to better manage service delivery and standards; and
 - Collection of data for the Evaluation Data Reporting tool (EDR).

3. Activities

The aims and objectives of the project are achieved through:

- Providing early intervention mental health initiatives within rural communities focusing on building the capacity of other service providers to respond effectively to mental health needs as they arise in farmers and farm families. This includes developing service networks of non-government organisations, counselling services and agricultural support agencies and clinical referral pathways
- Undertaking mental health promotion activities within farming communities through links with other rural government and non-government organisations
- Promoting the better understanding among mental health staff of the barriers to access to mental health care among farmers, and the range of mental health needs of farmers, including opportunities for early intervention and prevention
- Developing effective and appropriate mental health service responses to serious adverse events in farming communities, to promote early identification of high risk individuals and an effective range of clinical responses to the needs of farm families in crisis. This can range from specific personal disasters that affect families and communities (e.g. suicide) through to more general community disasters (e.g. flood, fire and drought).

Farm Link

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$314,594	\$296,460	\$303,946	\$308,700	\$261,300	\$290,515	\$349,980
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	4.5			3		3	
Number staff positions filled (FTE)	3			3		3	

Healing Through the Map

1. Project Profile

Project Name(s)	Healing Through the Map
Funded Organisation	Injury Control Council of WA
Geographical Area	Local
State/Territory	Western Australia
Approach(es)	Selected
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Indigenous populations▪ Rural and remote communities

2. Project Description

The aim of the project was to build the capacity of communities to recognise and respond appropriately to people at risk of suicide with a focus on Aboriginal communities and families and Aboriginal health workers involved in the justice system in the South West and Great Southern regions of Western Australia.

This project focused on delivering 'Map of Loss' workshops to provide participants with skills to make positive life decisions, build personal resilience and social and emotional well-being. The 'Map of Loss' is a simple visual tool aimed at developing coping skills, building resilience, increasing self-awareness and promoting self care by raising awareness of responses to stressors and challenges in life and the processes of change. The project did not receive funding beyond June 2012.

3. Activities

The key activities undertaken by the project were:

- Delivering Map of Loss workshops and Map of Loss theory workshops
- Facilitation of intersectoral collaboration and formalisation of partnerships with relevant service providers, through: formal linkages with relevant providers in the region, integration of 'Map of Loss' with existing Indigenous programs and agencies, connecting Aboriginal people with local services that support their healing process
- Developing formalised approach for the follow-up and ongoing support of workshop participants and referral support if required
- Providing information to workshop participants on other health and suicide bereavement/postvention services
- Improving promotion of Map of Loss workshops

Healing Through the Map

- Supporting facilitators of Map of Loss with an Aboriginal Health Worker to ensure cultural security and connections.

4. Funding

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
NSPP Funding							
Amount	292,245	275,400	382,355	202,821	261,942	266,657	Not applicable
% project funding	Not Applicable			No Data Supplied		No Data Supplied	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			No Data Supplied		No Data Supplied	
Number staff positions filled (FTE)	Not Applicable			No Data Supplied		No Data Supplied	

HOPE – SRA

1. Project Profile

Project Name(s)	HOPE – Shared Responsibility Agreement (SRA)
Funded Organisation	Mildura Aboriginal Corporation
Geographical Area	Local
State/Territory	Victoria and New South Wales
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ Men▪ Children▪ Youth▪ Indigenous populations▪ People living with a mental illness▪ People who have previously attempted suicide▪ People who have self harmed▪ Rural and remote communities▪ Older people▪ People living with an alcohol or other drug problem▪ Whole of community▪ Workforce▪ Other

2. Project Description

The Mildura Aboriginal Corporation is funded under the NSPP to provide the HOPE/Shared Responsibility Agreement (SRA) project. The HOPE/SRA project is a collective of early intervention based strategies designed to highlight the Social and Emotional Wellbeing aspects which may impact upon the mental health of young Aboriginal children (aged 9 – 14 years) in the Mildura and Robinvale regions in the North West of Victoria, with a view of assisting in the decline and prevention of suicide across cohort grouping in a culturally sensitive manner.

The project provides four levels of intervention:

1. Provision of Cultural Awareness and Mental Health Promotion Program delivery (based upon the Mind Matters Model; Protective Behaviours Model and H.O.P.E Project Nutrition and Wellbeing Project) to improve the emotional and social wellbeing of Aboriginal and Torres Strait Islander children attending the 6 targeted primary schools, including school holiday activities for a smaller number of children (approximately 20 – 25 at high risk) and their families;
2. Advocacy, counselling and psychological support for Aboriginal and Torres Strait Islander children with pre existing social and emotional wellbeing and behavioural issues that may impact upon a child's and families promotion and access too educative learning's across cohort grouping;
3. A parent education program (based upon the lines of i.e. The Indigenous Positive Parenting Program, Triple P) to support Aboriginal and Torres Strait Islander parents from the region to improve upon their parenting skills thus, resulting in a positive manner upon the Social and Emotional wellbeing of their child/children; and
4. Education and training about mental health and the wellbeing of Aboriginal and Torres Strait Islander children for Project staff, staff from other health and welfare services and the wider community in the region, in an effort to promote resilience and connectedness to community and culture.

3. Activities

- Engaging school children from years 5/6 and their families, carers and significant others within a project that enhances the Social and Emotional Wellbeing of all involved
- Implementing and providing access to a Healthy Nutrition and Well being based program
- Implementing and providing access to sessions in protective behaviours, sexual and reproductive health
- Enhancing the overall beliefs, values and cultural confidence of all participants within the project and wider community
- Increasing and improving the access to: information, resources and services to aid in the early years intervention detection and prevention of suicide/s in line with National Standards and Guidelines
- Where applicable, providing avenues for participants, families, carers and significant other to Culturally Sensitive Counselling Practices, in areas pertaining to overall health i.e. Dual Diagnosis, learning difficulties and Grief, loss and adjustment
- Participating in significant Community Cultural Events i.e. Community/art based projects, thus providing a platform to exchange and show case one's rich Indigenous Culture in a positive manner.

HOPE – SRA

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	\$143,636	\$147,371	\$192,676	\$198,008	\$201,572
% project funding	Not Applicable			Data not provided		Data not provided	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			2		2	
Number staff positions filled (FTE)	Not Applicable			1.5		1.5	

Hope for Life

1. Project Profile

Project Name(s)	Hope for Life
Funded Organisation	Salvation Army Property Trust NSW
Geographical Area	National
State/Territory	National
Approach(es)	Universal and Selected
Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ Rural and remote communities▪ CALD communities▪ Whole of community▪ Workforce

2. Project Description

The Hope for Life project provides training and a set of effective tools designed to strengthen the capacity of the Australian community to respond to those who are suicidal and to intervene effectively and compassionately following a suicide death.

3. Activities

The project undertakes a vast range of activities, as follows:

- Provide a set of effective tools through the Hope for Life training program to help strengthen the capacity of the Australian community to respond to those in the community who are suicidal and to intervene effectively and compassionately following a suicide death
- Development of fact sheets relating to suicide prevention and postvention to can be posted on web site or circulated through Hope for Life networks
- Development of media articles and campaigns focusing on issues relating to mental health, suicide prevention and postvention
- Continue to provide QPR and Living Hope training courses through social networking, internal Salvation Army publications and external media e.g. NESA web site, industry/sector journals and magazines
- Targeting training and innovative responses designed to support people working with people who have been bereaved by suicide
- Targeting resources and innovative responses designed to assist and support families bereaved by suicide

Hope for Life

- Providing suicide prevention and postvention materials and initiatives specifically targeted at the Indigenous community
- Developing and delivering awareness raising presentations to various seminars, conferences, forums etc.
- Developing Business Card/Postcard materials that contain essential messages around suicide prevention
- Identify and develop other creative merchandise and promotional tools such as post it notes, pamphlets, pens, notepads, fridge magnets etc.
- Developing subscription newsletter through Hope for Life web site, include latest research on mental health, suicide prevention etc.
- Working collaboratively with other Commonwealth funded mental health and suicide prevention/suicide bereavement initiatives, particularly in localities and/or issues of mutual interest, in order to maximise the complementarity of the various programs and to avoid unnecessary duplication
- Developing and maintaining ongoing relationships with other Commonwealth funded mental health and suicide prevention/suicide bereavement initiatives
- Identifying specific partnership projects that can be developed in collaboration with mental health and/or suicide prevention/suicide bereavement programs
- Attending networking forums and conferences that have a mental health or suicide prevention, bereavement support focus
- Dissemination of information pertaining to mental health and suicide prevention/suicide bereavement initiatives through Hope for Life networks
- Promoting conferences, forums and initiatives developed by other Commonwealth funded mental health and suicide prevention/suicide bereavement initiatives
- Contributing to greater information sharing amongst all those organisations that are funded under of the National Suicide Prevention Program (NSPP)
- Submit articles to LIFE communications website and newsletter
- Development of an email distribution list of other NSPP funded programs and correspondence with this group on a regular basis
- Production of regular updates on lessons learnt through the delivery of training and disseminate this to other NSPP through regular correspondence
- Recruitment of champions/ambassadors to assist the promotion of the online programs, development of networks of support for those at risk and the bereaved in Local Government Council/Shire Council areas where there are high rates of suicide
- Development of literature and resources to be included in the Champions Kit e.g. brochures, posters, fact sheets, information booklets, CD, DVD
- Delivery of training workshop for identified Champions
- Directly contacting service providers to ensure they are fully aware of the resources/training and support available from Hope for Life and other Commonwealth and State/Territory funded initiatives to meet the needs of those at risk of suicide and those bereaved by suicide. Service providers include but are not limited to Commonwealth services, State and Territory services, Police and Ambulance services, General Practitioners/Divisions of General Practice,

Hope for Life

Clergy/Chaplains from various religious groups, Allied Health Professionals and other community and/or youth services provided in the area

- Continuing to raise awareness of suicide prevention and postvention by distributing appropriate marketing material that promotes the Hope for Life Services to services including but not limited to: Police and Emergency services, Funeral homes, Doctors surgery's, Local Councils and Shires, Community Health Centres.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$349,583	\$244,620	\$250,797	\$137,122	\$439,313	\$447,220	\$465,270
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	2			3		3	
Number staff positions filled (FTE)	2			3		3	

Incolink

1. Project Profile

Project Name(s)	Incolink
Funded Organisation	Redundancy Payment Central Fund
Geographical Area	State-wide
State/Territory	Victoria
Approach(es)	Universal and Selected
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Men▪ Youth▪ Workforce

2. Project Description

The project aims to reduce the risk of suicide amongst apprentices and young workers in the Victorian Building and Construction industry, focusing on rural and regional areas of Victoria. It aims to prevent suicide and suicidal behaviour through increasing skills and knowledge in relation to suicide, promoting help-seeking and providing support either directly or through referral to community support services. As a prevention based project, it aims to build an individual's resilience to suicide risk through promoting protective factors. The project also works at the industry level to increase understanding of suicide and promote support services available to workers.

3. Activities

Key activities undertaken by the Incolink project are:

- Development of partnerships and establishment of Project Reference Group
- Development, implementation and delivery of Life Care Skills program
- Life Care Skills program promotional site visits
- Promotion of the Life Care Skills program
- Promotions at industry trade events
- Provision of outreach services to apprentices and young workers, and industry participants on an as needs basis.

Incolink

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$268,471	\$175,760	\$262,769	\$254,054	\$262,946	\$267,679	\$299,747
% project funding	Data Not Supplied			Data Not Supplied		Data Not Supplied	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	2			2		2	
Number staff positions filled (FTE)	5			6		6	

Koori Kids Wellbeing Program

1. Project Profile

Project Name(s)	Koori Kids Wellbeing Program
Funded Organisation	South Coast Medical Service Aboriginal Corporation
Geographical Area	Local
State/Territory	New South Wales
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Children▪ Indigenous populations▪ Rural and remote communities

2. Project Description

This project is a promotion, prevention and early intervention approach to mental health support and suicide prevention for Aboriginal children aged 3-12 years on the South Coast of NSW.

3. Activities

The Project provides 4 levels of intervention:

1. Cultural awareness programs and whole-of-school mental health promotion program delivery (based on the Mind Matters and Aussie Optimism programs) to improve the emotional and social wellbeing of Aboriginal and Torres Strait Islander children attending the 6 targeted primary schools, including school holiday activities for a smaller number of children (approximately 20 – 25) and their families;
2. Intensive counselling and psychological support for Aboriginal and Torres Strait Islander children with existing emotional wellbeing and behavioural problems, school truancy or underachievement;
3. A parent education program (based on the Indigenous Positive Parenting Program, Triple P) to support Aboriginal and Torres Strait Islander parents from the region to improve their parenting skills and have a positive impact on the emotional and behavioural wellbeing of their child/children; and
4. Education and training about mental health and the wellbeing of Aboriginal and Torres Strait Islander children for Project staff, staff from other health and welfare services and the wider community in the region, in an effort to promote resilience and connectedness to community and culture.

Koori Kids Wellbeing Program

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$213,167	\$200,880	\$205,953	\$222,207	\$224,208	\$231,000	\$235,000
% project funding	Data Not Supplied			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Data Not Supplied			2		2	
Number staff positions filled (FTE)	Data Not Supplied			2		2	

LIFE Communications

1. Project Profile

Project Name(s)	LIFE Communications
Funded Organisation	Crisis Support Services Inc.
Geographical Area	National
State/Territory	National
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities
Target Groups	<ul style="list-style-type: none">▪ Workforce

2. Project Description

Crisis Support Services was funded under the NSPP with the intention of:

- Facilitating the sharing of learnings about suicide prevention from NSPS-funded projects and other evidence-based initiatives in the field of prevention
- Managing the LIFE: National Suicide Prevention website and associated activities and resources
- Ensuring the availability and dissemination of resources arising from NSPS activities to agencies working in the suicide prevention field
- Undertaking promotional and marketing activities in relation to the NSPS, including the website and resources.

The aim of the "LIFE Communications" project is to improve the effectiveness of suicide and self-harm prevention activities in Australia by providing access to the latest information and shared learnings from the NSPS and other projects in prevention, intervention and postvention. In particular, the project aims to promote the LIFE suite of resources to stakeholders.

3. Activities

The core activities, in relate to the LIFE resources are:

- Promoting access to print and electronic versions of LIFE resources
- Maintaining online versions of resources with up to date statistics and relevant information
- Acting as gatekeepers to the LIFE resources and responding to public enquiries
- Working with key stakeholders in all areas of suicide prevention, particularly those working in areas targeting identified at-risk groups, to promote the LIFE resources through their communication channels.

LIFE Communications

Other core activities include:

- Information, Activities and Resources in Suicide Prevention
 - Attending stakeholder conferences to host trade displays; maintaining, hosting and updating content of livingisforeveryone.com.au website
 - Maintaining, hosting and updating content and functionality of livingisforeveryone.com.au website
 - Coordination of live chats, discussion forums, conference calendar, contributor reviews, online alerts, online help, LIFE news, clearinghouse function, project pages and external links.
 - Development and dissemination of e-alerts to keep stakeholders informed of important and timely developments
 - Supporting evaluation and planning of suicide prevention projects by providing relevant resources via the website
 - Identifying and profiling innovative evidence-based suicide prevention programs or people through the LIFE website and LIFE news
 - Publishing relevant reports, literature reviews and evaluations commissioned by the Department on the LIFE website in consultation with content working group
 - Implementation of a range of marketing activities to promote the website.
- Stakeholder Contributions
 - Facilitation of meaningful interaction opportunities for people who work in suicide prevention through online discussion forum, live chats, workshops, conferences, LIFE news, project profiles and trade displays
 - Encouragement of stakeholders to network, share resources and provide peer support
 - Encouragement of review and debate of research and resources via professional development network.
- Communication Channels
 - Coordination of the development of additional features for the website, including secure extranet for use by ASPAC members. Extranet to include a secure discussion forum for Council members and provision of a facility to download relevant documents relating to ASPAC business including minutes and agenda papers
 - Promotion of the role and activities of ASPAC
Inclusion of relevant Ministerial and departmental announcements and information through the LIFE website, LIFE News, events and e-alerts.

The LIFE Communications project team no longer host events to provide stakeholders with a vehicle to contribute their learnings and draw on each other's expertise. In 2008, a Professional Development Forum was hosted by LIFE Communications called 'Putting LIFE into Practice' and in 2010 professional development workshops were held in all capital cities to introduce a model of evaluation for suicide prevention projects. While these activities have not been continued past these years, as per the contracts, other core activities have remained.

LIFE Communications

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$225,000	\$481,364	\$711,409	\$425,990	\$573,045	\$621,617	\$414,412
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	3.6			3		2.4	
Number staff positions filled (FTE)	3.6			3		2.4	

LifeForce

1. Project Profile

Project Name(s)	LifeForce
Funded Organisation	Wesley Mission
Geographical Area	National
State/Territory	National
Approach(es)	Universal and Selected
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ Men▪ Indigenous populations▪ Rural and remote communities▪ LGBTI populations▪ CALD communities▪ Refugee communities▪ Older people▪ Whole of community

2. Project Description

The aim of the Wesley LifeForce suicide prevention project is to build community capacity to engage in suicide prevention activity, improve access to appropriate services and support those at risk of suicide and bereaved by suicide. The project can broadly be split into two components, networks and training, as described below.

3. Activities

Networks

The objective of the Networks is to establish community coalitions via a localised framework or model within targeted communities that identifies and brings together community participants with an interest in/service provision in suicide prevention and mental health issues.

The network facilitates the exchange of information, coordinating suicide awareness and prevention activities to raise the community's awareness of the risk of suicide and the contributing factors in that community. There are currently 21 Networks operating around Australia.

LifeForce

Training

The training component includes:

- Delivery of suicide prevention workshops, forums and events that raise awareness of issues surrounding suicide and measures communities can take to address them
- Continuous development of learning programs which focus on awareness raising, challenging attitudes and teaching basic engagement and intervention skills
- The delivery of memorial days in selected areas across Australia
- Ongoing liaison and collaboration with the Department in all areas of community identification to ensure the needs of identified high-risk geographic target areas and groups are met.

A further major project of the current funding period (2011-13) is to review the Wesley LifeForce website and investigate the incorporation of online capabilities to efficiently and comprehensively deliver suicide prevention resources to all Australians.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$442,099	\$772,380	\$684,486	\$811,051	\$663,945	\$780,915	\$769,191
% project funding	95%			95%		98%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	7			7.2		7.8	
Number staff positions filled (FTE)	7			7.2		7.8	

Living Beyond Suicide

1. Project Profile

Project Name(s)	Living Beyond Suicide
Funded Organisation	Anglicare SA Inc
Geographical Area	State-wide
State/Territory	South Australia
Approach(es)	Selected
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide

2. Project Description

The aim of Anglicare's Living Beyond Suicide program is to provide a centralised location where anyone in South Australia who is bereaved through suicide can find help and support.

Living Beyond Suicide contributes to suicide prevention by developing and providing high quality early postvention support. This is achieved through strengthening the resilience of individuals, families and communities intimately affected by suicide, potentially limiting the serious, long-term negative consequences for those who live through the losses caused by suicide.

Anglicare SA has created a program structure that incorporates the passion and expertise of volunteers in the provision of face-to-face support for persons bereaved through suicide. This enables Living Beyond Suicide to provide the service state-wide, whilst fostering a healthy attitude in the community towards volunteering and supporting families bereaved through suicide.

3. Activities

Key activities of the Living Beyond Suicide (LBS) are:

- Attending the homes of those bereaved through suicide in the hours and days after the suicide event. This visit aims to support families practically and sensitively. Some examples of this support is listed below:
 - Providing a safe and compassionate environment
 - Educating families on loss and grief
 - Assist families in navigating the pathways to care.
- Maintaining contact with clients through the crucial first weeks and months after the suicide event, but also provide assistance to families on an ongoing basis
- Implementing creative writing workshops for those bereaved through suicide. These workshops provide a safe environment, social connectedness, and an atmosphere of hope for those who are grieving

Living Beyond Suicide

- Visiting workplaces where an employee has suicided. These visits are an opportunity for colleagues and managers to openly discuss the death and how they, as a community, are coping. Resources are provided to managers and home visits can be organised for colleagues who have expressed an interest
- Conducting community awareness training for both professionals and members of the community. These training opportunities aim to reduce stigma, and increase the community's capacity to support itself
- Coordinating an annual community event in November called Walk through the Darkness. This event is publicised widely and allows all affected by suicide to come together and walk in memory of those they have lost. The event aims to reduce the stigma of suicide in the community whilst providing a safe place for members of the community to openly grieve and express themselves
- Maintaining strong links with other agencies such as South Australia Police and the Coroner's Court. LBS has developed and maintained strong linkages with the Bereaved Through Suicide (BTS) support group and Minimisation of Suicide Harm (MOSH) a prevention and postvention organisation. These links help LBS to assist families bereaved through suicide navigate the pathways to care
- Maintaining a directory of services that lists counsellors, financial supports, legal services, and many other service types.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$118,617	\$111,780	\$114,603	\$161,952	\$152,328	\$159,969	\$162,848
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	1.6			1.6		1.6	
Number staff positions filled (FTE)	2			2		2	

Men's Health Information and Resource Centre (MHIRC) – “The Shed”

1. Project Profile

Project Name(s)	Mens Health Information and Resource Centre (MHIRC) – “The Shed”
Funded Organisation	University of Western Sydney
Geographical Area	Local
State/Territory	New South Wales
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Men▪ Indigenous

2. Project Description

The aim of the project is to build a network of agencies and community groups to promote a supportive environment for local men aged 25 – 45 years, with specific provision for Indigenous men, but open to all groups. The day-to-day work of this project is provided at ‘The Shed’ which is co-located with the Holy Family Centre. At The Shed, men may access practical and emotional support, information and referral services, cultural activities, education and training.

The project is a collaboration between the Men's Health Information and Resource Centre, the Holy Family Centre, Emerton NSW, and other local agencies including Probation and Parole, Western Sydney Area Health Service and others.

3. Activities

The wide array of activities undertaken by the project includes:

- Provision of mental health services - a worker attends the open day weekly and meets clients and is available at other times for referrals
- Facilitating access to Probation and Parole services
- Providing job training services by arrangement
- Providing Court workers to continue to accompany men to court when clients find this contact very difficult
- Providing other services such a legal services and health promotion officers, by arrangement

Men's Health Information and Resource Centre (MHIRC) – "The Shed"

- Provision of case management or adhoc support:
 - for adult men involved in the legal system,
 - for adult men who have experienced incarceration
- Providing cultural events and excursions led by Aboriginal elders
- Providing adult education sessions including: 'Yarn up" (adult education sessions) on relevant health-related topics; to encourage informal "yarn-ups" as they occur.
- Explore the Shed having direct regular contact with young people as a "mentoring" process
- Implementing Art and Craft session including making of boomerangs for school distribution
- Maintaining Management and Advisory Board with members including Community Elders and partner agencies.
- Developing strong referral mechanisms and partnership arrangements to improve the pathway to strengthen service provision
- Maintaining partnerships with relevant stakeholders including the Holy Family Church
- Reviewing protocols and referral arrangements with key stakeholders
- Participating in peer reviews and networking with other services providing similar programs.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$233,772	\$212,100	\$214,128	\$150,000	\$180,000	\$204,000	\$207,000
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	2			2		2	
Number staff positions filled (FTE)	2			2		2	

Mental Illness and Bereavement Project

1. Project Profile

Project Name(s)	Mental Illness and Bereavement Project
Funded Organisation	SANE Australia
Geographical Area	National
State/Territory	National
Approach(es)	Selected
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ People living with a mental illness▪ People who have previously attempted suicide▪ People who have self harmed▪ CALD communities▪ Workforce

2. Project Description

The purpose of the Project is to investigate how provision of bereavement services might be better provided to relatives of people with mental illness who have suicided or gone missing. Outcomes of the Project will be a better understanding of the support needs of the bereaved and enhanced bereavement services that will reflect this understanding. The objectives of the project are to:

- Build an evidence base about improvements to services for the relatives and friends of people with mental illness who have suicided or gone missing
- Develop service enhancements that improve the level of support provided in the community to the target group
- Enhance the capacity of services to provide new initiatives by staff development and training of staff from SANE and other key organisations in the area
- Implement a series of practical and achievable enhancements to services and supports for family and friends of people with mental illness who have died by suicide or gone missing
- Evaluate the efficacy of new service enhancements implemented as part of the project
- Sustain enhanced services for bereaved families and friends through active promotion of the project outcomes and advocacy for more effective, appropriate and responsive linkages and services.

Mental Illness and Bereavement Project

3. Activities

The project has been undertaken in several phases, as described below.

First Research Phase (07-08)

- Literature Review
- Consultation with 41 bereaved family and friends (the target group)
- Survey of mental health and bereavement services across Australia asking them about how they currently support the target group and how their services could be enhanced to support this group.

Second Phase (08-09)

- Development and delivery of resources for bereaved family and friends and for mental health, bereavement and helpline services
- Sixteen workshops aimed at educating people working in bereavement, mental health and helpline were delivered to approximately 250 staff from 50 services around Australia.

Third phase (09-13)

- Continued dissemination of developed resources
- Continued to establish workforce training to peak mental health, bereavement and helpline services across Australia
- Extended the training to community services, such as the police force, coronial services and private mental health sector
- Continued communication of details of project activities to the key organisations and the broader community.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$264,668	\$148,224	\$77,108	\$264,373	\$273,627	\$278,552	\$283,566
% project funding	100%			Data Not Supplied		Data Not Supplied	

Mental Illness and Bereavement Project

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	2			Data Not Supplied		Data Not Supplied	
Number staff positions filled (FTE)	2			Data Not Supplied		Data Not Supplied	

Mindframe Education and Training Program

1. Project Profile

Project Name(s)	MindFrame Education and Training Program
Funded Organisation	Hunter Institute of Mental Health
Geographical Area	National
State/Territory	National
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Improving community strength, resilience and capacity in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Whole of community▪ Workforce▪ Other

2. Project Description

Mindframe National Media Initiative (Mindframe Initiative) aims to encourage responsible, accurate and sensitive media representation of mental illness and suicide, and to advocate on behalf of community concerns relating to media depictions that stigmatise mental illness or promote self-harm. The Mindframe National Media Initiative was developed in collaboration with the media industry, mental health promotion and suicide prevention experts, policy makers and consumer and carer representatives.

The Mindframe Initiative is managing the Mindframe Education and Training Program. The Education and Training Program targets five broad groups: news media; mental health and suicide prevention sector; universities; police; Australian film, television and theatre.

3. Activities

In the current funding period, the key activities are, or will, be undertaken:

Priority 1: To increase the currency and relevance of the project resources to sector targets. Specific strategies will include to:

- Conduct consultations with target groups about the redevelopment of content and style of the print and online resources
- Review and redesign the printed Mindframe resources for the media industry and mental health and suicide prevention sector
- Redesign the Mindframe and Response Ability project websites and develop up to date online communication approaches
- Research and develop new content to address gaps and emerging issues for the resource redevelopment.

Mindframe Education and Training Program

Priority 2: To enhance the capacity of the target sectors to deliver Mindframe education and training. Specific strategies will include to:

- Devise a professional development model that enables identified stakeholders to deliver Mindframe education and training
- Integrate Mindframe principles into core sector policies and guidelines for all target sectors
- Support national, state and local partnerships between sectors to implement Mindframe.

Priority 3: To strategically engage identified target sectors. Specific strategies will include to:

- Develop and maintain expert reference working groups to guide project activities and sector strategies
- Undertake strategic engagement with news media targets across Australia through professional development
- Undertake strategic engagement with identified target sectors across Australia
- Identify and engage relevant Indigenous stakeholders.

Priority 4: To contribute to the building of the evidence base for this work. Specific strategies will include to:

- Undertake research to enhance the currency of project resources
- Evaluate project approaches and disseminate outcomes.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$782,200	\$726,000	\$764,000	\$1,175,000	\$1,036,124	\$1,500,000	\$297,000
% project funding	100%			100%		98%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	3.4			6.2		6.1	
Number staff positions filled (FTE)	3.4			6.2		6.1	

MindOUT!

1. Project Profile

Project Name(s)	MindOUT!
Funded Organisation	National LGBTI Health Alliance
Geographical Area	National
State/Territory	National
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ LGBTI populations

2. Project Description

The National LGBTI Health Alliance (the Alliance) is the national peak body of organisations and individuals working together to improve the health and wellbeing of lesbian, gay, bisexual, trans/transgender, intersex and other sexuality, sex and gender diverse (LGBTI) people. The Alliance has established and is supporting the 'MindOUT! LGBTI Mental Health and Suicide Prevention Project'. The MindOUT project aims to improve mental health and suicide prevention outcomes for the LGBTI population by establishing networks and linkages between the LGBTI sector and existing Commonwealth programs, mainstream providers and research.

The project objectives are to:

- Support generic mental health and suicide prevention service providers to develop best practice access to and delivery of services reaching LGBTI people, both regarding the treatment of mental health problems and the maintenance of better mental health outcomes
- Develop national mental health and suicide prevention initiatives to effectively target LGBTI communities, utilising and building existing capacity
- Contribute evidence-based policy advice to the Commonwealth and other national stakeholders for best practice in mental health and suicide prevention activity for this high-risk population
- Ensure that research is conducted and disseminated that contributes to the evidence base around LGBTI mental health and wellbeing.

The scope of the project is national, with a focus on Commonwealth policies and programs and national peak non-governmental organisations in the area of mental health and suicide prevention.

3. Activities

- Develop an evidence-based briefing paper with key messages in relation to LGBTI inclusion
 - Review existing evidence base
 - Draft issues paper on LGBTI suicide prevention (SP) and mental health (MH) for use in initial liaison with stakeholders (to include draft key messages for dissemination on LGBTI SP and MH and key evidence/health issues).
- Gather data on current levels of LGBTI Mental Health and Suicide Prevention awareness, identified needs and existing linkages to inform the project
- Conduct 3 online surveys, targeting:
 - LGBTI community members
 - LGBTI health organisations; and
 - Generic Mental Health and Suicide Prevention organisations.
- Gather the information required to create effective linkages with relevant stakeholders, including Australian Government funded initiatives such as the Australian General Practice Network, headspace, Inspire Foundation, and beyondblue
- Establish the relationships and mechanisms required to implement the project objectives:
 - Initiate relationships with key stakeholders
 - Establish infrastructure for efficient engagement with the LGBTI community sector
 - Develop consultation mechanisms within LGBTI community sector.
- Provide policy advice for best practice to the Department of Health and Ageing as required.

4. Funding

	Round 1			Round 2		Round 3	
TATS Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	Not Applicable	Not Applicable	\$70,508	\$537,110	\$402,237
% project funding	Not Applicable			Not Applicable		100%	

MindOUT!

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			Not Applicable		2.2	
Number staff positions filled (FTE)	Not Applicable			Not Applicable		2.2	

MindOUT!

1. Project Profile

Project Name(s)	MindOUT!
Funded Organisation	National LGBTI Health Alliance
Geographical Area	National
State/Territory	National
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ LGBTI populations

2. Project Description

The National LGBTI Health Alliance (the Alliance) is the national peak body of organisations and individuals working together to improve the health and wellbeing of lesbian, gay, bisexual, trans/transgender, intersex and other sexuality, sex and gender diverse (LGBTI) people. The Alliance has established and is supporting the 'MindOUT! LGBTI Mental Health and Suicide Prevention Project'. The MindOUT project aims to improve mental health and suicide prevention outcomes for the LGBTI population by establishing networks and linkages between the LGBTI sector and existing Commonwealth programs, mainstream providers and research.

The project objectives are to:

- Support generic mental health and suicide prevention service providers to develop best practice access to and delivery of services reaching LGBTI people, both regarding the treatment of mental health problems and the maintenance of better mental health outcomes
- Develop national mental health and suicide prevention initiatives to effectively target LGBTI communities, utilising and building existing capacity
- Contribute evidence-based policy advice to the Commonwealth and other national stakeholders for best practice in mental health and suicide prevention activity for this high-risk population
- Ensure that research is conducted and disseminated that contributes to the evidence base around LGBTI mental health and wellbeing.

The scope of the project is national, with a focus on Commonwealth policies and programs and national peak non-governmental organisations in the area of mental health and suicide prevention.

MindOUT!

3. Activities

- Develop an evidence-based briefing paper with key messages in relation to LGBTI inclusion
 - Review existing evidence base
 - Draft issues paper on LGBTI suicide prevention (SP) and mental health (MH) for use in initial liaison with stakeholders (to include draft key messages for dissemination on LGBTI SP and MH and key evidence/health issues).
- Gather data on current levels of LGBTI Mental Health and Suicide Prevention awareness, identified needs and existing linkages to inform the project
- Conduct 3 online surveys, targeting:
 - LGBTI community members
 - LGBTI health organisations; and
 - Generic Mental Health and Suicide Prevention organisations.
- Gather the information required to create effective linkages with relevant stakeholders, including Australian Government funded initiatives such as the Australian General Practice Network, headspace, Inspire Foundation, and beyondblue
- Establish the relationships and mechanisms required to implement the project objectives:
 - Initiate relationships with key stakeholders
 - Establish infrastructure for efficient engagement with the LGBTI community sector
 - Develop consultation mechanisms within LGBTI community sector.
- Provide policy advice for best practice to the Department of Health and Ageing as required.

4. Funding

	Round 1			Round 2		Round 3	
TATS Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	Not Applicable	Not Applicable	\$70,508	\$537,110	\$402,237
% project funding	Not Applicable			Not Applicable		100%	

MindOUT!

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			Not Applicable		2.2	
Number staff positions filled (FTE)	Not Applicable			Not Applicable		2.2	

National Centre of Excellence in Suicide Prevention

1. Project Profile

Project Name(s)	National Centre of Excellence in Suicide Prevention
Funded Organisation	Griffith University
Geographical Area	National
State/Territory	National
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Whole of community

2. Project Description

The Australian Institute for Suicide Research and Prevention (AISRAP) at Griffith University is a designated World Health Organisation (WHO) Collaborating Centre of Research and Training in Suicide Prevention. AISRAP was funded under the NSPP to establish and operate the National Centre of Excellence in Suicide Prevention.

The aim of the Centre is to provide advice around evidence-based best practices and evaluation in suicide prevention, to support the Australian Commonwealth Departments, non-government agencies, academics and community groups in their respective initiatives in the field of suicide prevention.

The objectives of the Centre are to:

- Enhance awareness of the work of the National Centre of Excellence in Suicide Prevention
- Provide evidence based practical assistance to organisations funded through the NSPP
- Provide advice to the Department on evidence-based best practice in suicide prevention activity, approaches to evaluation of suicide prevention activities, development of evaluation frameworks and credibility of suicide prevention data and data issues
- Provide a half yearly critical literature review to the Department.

3. Activities

Key strategies and activities of the centre are to:

- Enhance awareness of the work of the NCESP through:

National Centre of Excellence in Suicide Prevention

- Development and establishment of a communication and dissemination strategy to promote awareness of the Centre and its services and to establish linkages with respective lead agencies and departments working in the field of mental health suicide prevention
- Promotion of the Centre's activities across all levels of government and lead agencies working in the field of mental health suicide prevention
- Conducting educational workshops on a range of topics agreed to by the department to provide project managers of NSPP projects with additional support, for example, evaluation and data collection practices
- Development of a separate website and/or portal dedicated to the Centre with linkages to the LIFE website and other relevant websites such as Australian Indigenous HealthInfonet.
- Provide evidence based practical assistance to organisations funded through NSPP by:
 - Providing regular news updates, printed brochures and lists of recent research article publications available online
 - Providing evidence-based research that is targeted towards practitioners and/or project managers
 - Advising in the development and implementation of evaluation frameworks.
- Provide advice to the Department on:
 - Evidence-based best practice in the suicide prevention activity to inform the National Suicide Prevention Strategy Action Framework
 - Provide assistance to Australian Suicide Prevention Advisory Council (ASPAC)
 - Improving approaches to the evaluation of suicide prevention activities and advising on the development of evaluation frameworks for new projects and other identified areas of the NSPS framework and
 - The credibility of suicide prevention data and data issues as they arise.
- Provide a half-yearly critical literature review to the Department that outlines recent advances and promising developments in research in suicide prevention, particularly where this can help to inform national activities.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Data Not Supplied	Data Not Supplied	\$400,000	\$451,145	\$137,530	\$468,310	\$474,820
% project funding	100%			Data Not Supplied		Data Not Supplied	

National Centre of Excellence in Suicide Prevention

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Data Not Supplied			Data Not Supplied		Data Not Supplied	
Number staff positions filled (FTE)	Data Not Supplied			Data Not Supplied		Data Not Supplied	

National Suicide Call Back Service

1. Project Profile

Project Name(s)	National Suicide Call Back Service
Funded Organisation	Crisis Support Services Inc
Geographical Area	National
State/Territory	National
Approach(es)	Indicated
Individual/Group	Individual
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ People who have previously attempted suicide▪ People who have self harmed▪ Whole of community▪ Workforce

2. Project Description

The purpose of the project is to provide a counselling, referral and information service and support for callers with a range of suicide risk factors. The Suicide Call Back Service (SCBS) provides a safety net for people at risk of suicide, those bereaved by suicide and those who are caring for someone at risk of suicide to ensure that required supports are accessed. In addition, the SCBS provides a vehicle for health professionals to seek advice, information and support in dealing with suicidal clients. The service has a key role to play in raising awareness of the services available to people at risk, those who are caring for someone at risk, and people bereaved by suicide.

For the cost of a local call, the SCBS operates 24 hours a day, 7 days a week. The SCBS provides crisis support, information and referral to people affected by suicide including people at risk, their carers, the bereaved, and professionals supporting someone at risk of suicide. Clients may receive up to six 50-minute call-back counselling sessions, to manage suicide-related issues. Professionals are eligible for up to two call-backs to receive debriefing and support in working with their clients.

3. Activities

The National Suicide Call Back Service undertakes the following key activities:

- **Open Line:** National, 24-hours, 7 days a week. The Open Line service is open to those at risk of suicide, bereaved by suicide, and those caring for someone who is suicidal
- **Call-Back Service:** For those callers assessed as eligible and who are not linked in with other professional support, the SCBS provides a call back service that provides up to six 50 minute call-back counselling sessions for up to six months. The Call Back Service operates for 30

National Suicide Call Back Service

hours, across five days per week (Monday, Tuesday, Thursday, Friday, Sunday) from 2pm – 8:30pm EST. Hours are extended to accommodate clients in different time zones as needed

- Health care service provider referral and networking: This services allows health care providers to refer at-risk clients; seek professional advice, information and support in dealing with suicidal clients and access debriefing and self-care
- Online Services and Website: The SCBS also provides a website that provides information and a moderated Support Forum for carers and bereaved. The e-therapy module assists carers in developing coping strategies and practicing self-care.

4. Funding

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
NSPP Funding							
Amount	\$261,302	\$246,240	\$252,458	\$634,545	\$463,079	\$848,928	\$761,671
% project funding	100%			100%		96%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	3.6			5.6		8.4	
Number staff positions filled (FTE)	3.6			5.2		7.8	

NEXUS

1. Project Profile

Project Name(s)	NEXUS
Funded Organisation	Queensland Program of Assistance to Survivors of Torture and Trauma
Geographical Area	Local
State/Territory	Queensland
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Youth▪ People living with a mental illness▪ People who have previously attempted suicide▪ People who have self harmed▪ Refugee communities▪ Whole of community▪ Other

2. Project Description

The NEXUS program aims to reduce risk factors for suicide and self-harm and to promote protective factors among young people from refugee backgrounds. The program promotes wellbeing and builds resilience by focusing on increasing three of the major preventative factors against suicide: social connectedness; locus of control; perceived academic and/or work performance.

The objectives of the project are to:

- Increase the number and quality of connections of young people from refugee backgrounds to people, place and culture, thereby promoting wellbeing and social connectedness
- Increase the proportion of young people from refugee backgrounds with internal locus of control, thereby building resilience
- Decrease the impact of high academic and employment expectations on the suicide risk of young people from refugee backgrounds, thereby building resilience
- Decrease suicide risk in those young people who have attempted suicide or are at high risk of attempting suicide
- Improve community attitudes, understanding and awareness to better identify and help young refugees at risk of suicide.

3. Activities

Activities undertaken by the NEXUS program to achieve the objectives are:

NEXUS

- Providing education/training regarding issues in relation to suicide risk, prevention and identification for dissemination including for: young people, schools/TAFEs/employment services/ service providers, community groups and members
- Counselling
- Psycho-education with young people
- Youth Workers in Milpera, Woodridge and Kedron State High Schools
- Supporting the “Ucan2” program in TAFE
- Consulting with service providers and setting up groups for unaccompanied minors and their carers in Logan
- Running activities for young people during the school holidays
- Running Community Computer Workshops
- Supporting the running of Homework Club 3 days a week
- Support provided to Soccer and Volleyball group on the Northside of Brisbane
- Supporting the Youth Voice project
- Attendance at relevant network meetings
- Linking with Youth Support Coordinators
- Ongoing liaison with potential referral bodies
- Service agreement with Child and Youth Mental Health (CYMHS), Children's Health Services.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$270,000	\$140,000	\$140,000	\$218,670	\$236,688	\$231,777	\$265,014
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	3.3			2.3		2.3	
Number staff positions filled (FTE)	3.3			2.3		2.3	

OzHelp Region and National Expansion Project

1. Project Profile

Project Name(s)	OzHelp Foundation Expansion Project – 2007–2009 Region and National Expansion of OzHelp Services 2009-2011 Region and National Expansion Project 2011-2013 (previously referred to as Apprentices Project ACT)
Funded Organisation	Oz Help ACT
Geographical Area	Local
State/Territory	ACT and New South Wales
Approach(s)	Universal, Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none"> ▪ Improving the evidence base and understanding of suicide prevention ▪ Building individual resilience and the capacity for self-help ▪ Improving community strength, resilience and capacity in suicide prevention ▪ Taking a coordinated approach to suicide prevention ▪ Providing targeted suicide prevention activities ▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none"> ▪ Men ▪ Youth ▪ People who have previously attempted suicide ▪ Rural and remote communities ▪ Workforce ▪ People affected by workforce redundancies

2. Project Description

Local project

In 2002, The OzHelp Foundation commenced its pilot operations as a support based Suicide Prevention service in Canberra following the tragic death of three young apprentices in the building and Construction Industry within a six month period in the year 2000. Through the determined lobbying of one of the apprentice's mothers, the Industry recognised the need to provide greater support to their apprentices. This initiated the foundation establishing an industry embedded proactive field based workplace service to support apprentices, workers and families struggling with life demands, personal issues and work related difficulties that led to some individuals finding themselves at risk of suicide.

This model became quickly recognised and adopted by Industry for its innovative approach and the Board of OzHelp decided to explore the possibility of the expansion of the model nationally. Under the NSPS, OzHelp was funded in 2006 to expand the model to Industry in Central & Southern NSW. The aims and objectives for Regional NSW were to raise awareness about suicide, build referral pathways for support, and provide training services for local construction & community organisations to help build local capacity in supporting the local industry and community.

OzHelp Region and National Expansion Project

The main components of the OzHelp model are as follows:

- Community based, and works with the whole industries, not just high risk individuals
- Raises awareness of suicide and mental health issues in the industries through a range of strategies, including workshops, printed materials and local media
- Provides direct support through workplace visits, a 24/7 counselling line and referrals to relevant support agencies
- Promotes the development of resilience through “Life Skills” training for apprentices and young men – areas such as nutrition, anger management, money management and drugs and alcohol
- Provides a structure, training and support for mentoring (“Mates in Construction”) for apprentices and young men, and aims to foster a workplace culture that allows for expression of vulnerabilities
- Encourages greater collaboration and networking between referral agencies.

National expansion

Under the new NSPS strategy, OzHelp was funded in 2006 to expand the model nationally, and to scope the interest and viability of establishing affiliated OzHelp organisations in TAS, QLD, SA and WA. The aims and objectives under this project were National Expansion of The ACT Operational Service. The expansion of the OzHelp ACT Operations component involved the development of infrastructure, expertise and operational support to those states interested in establishing OzHelp programs - NSW, QLD, WA and SA. The aim was to establish the OzHelp Foundation as a national network that coordinates and supports, both intellectually and operationally, suicide prevention work in the building and construction industry Australia-wide.

3. Activities

Local project

Oz Connect

The primary OzConnect event is a lunchtime barbeque held at worksites. The fact that the barbeques are free helps to demonstrate OzHelp’s interest in the workers, and encourages acceptance of Ozhelp services in what is generally an emotionally reticent industry. The OzConnect barbeque is an effective “ice-breaker” for follow-up visits by Field Officers, and encourages attendance at subsequent training sessions on suicide awareness, and the development of the Mates in Construction programs.

OzSupport

Field Officers conduct regular site visits to establish rapport with apprentices and workers. These visits provide a real person in whom to confide personal problems or crises, not just a number to call or an institute to approach. If needed, individuals may be referred to an OzHelp counsellor or service provider for further/ongoing counselling. The ongoing interest of the Field Officers also assists in encouraging workers to attend any subsequent training (such as GAT courses – see below), and models an openness to discussion of problems.

Training and workshops

OzHelp offers two types of training courses:

- Those that directly target knowledge and aptitudes toward mental health and suicide. These include:

OzHelp Region and National Expansion Project

- GAT
- Mental Health Awareness
- SafeTALK
- Those that aim to develop resilience and address problems at an early stage. A range of training modules – of 4 hours duration each -- are available as requested by organisations.

Mates in Construction (MIC)

The MIC project aims to ensure that about one in 15 workers on sites are trained as “connectors”: taking on a role as someone who can be approached with problems, and who will connect a person to appropriate services. “Connectors” have completed the one hour GAT course, and have expressed an interest in taking on the role, receive an extra four hours of training (the SafeTALK course).

“Connectors” are usually tradesmen, occupational health and safety representatives, union delegates, project managers and other personnel who are mature, and have an interest and willingness in contributing to a more supportive workplace. The mentoring training equips connectors with skills to identify warning signs among their co-workers, improve their communications skills and become aware of the sources of assistance if they need to refer a worker.

Awareness raising

Local media is used to publicise the existence and nature of OzHelp through encouraging reporting of activities. The other approach for dissemination of information is the use of brochures and factsheets that are located in key areas accessible by the target populations.

Counselling

Field Officers provide initial counselling to workers in the workplace, and are able to be accessed by phone 24/7. This is one of the great strengths of the organisation – it provides a single point of contact for industry and individuals with counsellors who have a good understanding of the nature of the workplaces, and the types of most prevalent issues. The counsellors are also proactive in establishing and maintaining support for anyone at risk, and will refer to more specialised agencies (drug and alcohol, GPs, psychologists) where this is indicated.

Tradies’ Tune Up (TTU)

This innovative OzHelp program involves a brief (about 15 minutes) physical and mental health screening at worksites. Offering a physical check-up appears to make it easier to engage men, who are then more likely to open up about emotional issues.

National Expansion

OzHelp ACT’s role in the National Expansion was to:

- Develop an appropriate, accountable, representative and viable legal structure in each state OzHelp operation
- Ensure financial viability of each state OzHelp operation over the next three years, through development of strategic plans, business plans and budgets, development of fundraising plans, drafting of funding submissions and accessing industry sources of finance
- Connect state OzHelp operations to the existing network of suicide prevention and related services for information sharing and referrals through the use of consultancy advice and the development of relationships with government agencies, mental health/suicide prevention services, NGO’s and education and training authorities

OzHelp Region and National Expansion Project

- Establish each OzHelp state operation with appropriately skilled staff resources through the design of job specifications, identification of labour sources, support for the recruitment process, selection of appropriate Field Officers and provision of training to new recruits
- Ensure each State operation reflects local needs and context and abides by the core principles of the OzHelp Program and outcome intent. This involved re-drafting field work and Oz-BBQ service delivery templates (policies, procedures, etc.) according to state context, development of appropriate counselling protocols and referral processes and development/monitoring of an accreditation system and on-going quality improvement processes.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$402,267	\$379,080	\$388,653	\$635,000	\$179,774	\$370,000	\$476,906
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	2			2		2	
Number staff positions filled (FTE)	2			2		2	

Peer Support Australia

1. Project Profile

Project Name(s)	Peer Support Australia
Funded Organisation	Peer Support Foundation Ltd
Geographical Area	National
State/Territory	National
Approach(es)	Selected
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Children▪ Youth

2. Project Description

Peer Support Australia provides peer led programs which are integrated into curricula and implemented in primary and secondary schools. The Peer Support Program assists young people in the development of the protective skills required to counter negative influences on their lives. The program supports positive cultural change within schools by incorporating a range of strategies developed through collaboration with members of the whole school community for the specific needs of the school. The project is to manage an appropriate and continued co-ordinated roll out of the Peer Support Program into four areas, namely TAS, QLD, WA and NT. In the current funding period (2011-13) discussions with VIC organisations will consider the feasibility of expansion into that state.

3. Activities

Peer Support Australia provides:

- Training and professional development for teachers and parents. Training for teachers includes:
 - implementation workshop for establishing and maintaining the Peer Support Program
 - anti-bullying training
 - SRC Leadership training
 - in school training
- Student leadership training and resources
- Peer led, skills based, experiential learning modules focusing on orientation, relationships, optimism, resilience, anti-bullying and values
- Free consultancy to assist schools in raising awareness of the program and planning for implementation.

Peer Support Australia

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$192,538	\$181,440	\$186,022	\$402,143	\$275,432	\$229,149	\$229,149
% project funding	92%			96%		Data not provided	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	2			2		2	
Number staff positions filled (FTE)	2			2		2	

Post Discharge Care from Hospital Emergency Departments

1. Project Profile

Project Name(s)	Post Discharge Care from Hospital Emergency Departments Full title: Post Discharge Care for Patients Presenting to Emergency Departments with Deliberate Self Harm or Suicide Attempt
Funded Organisation	General Practice QLD
Geographical Area	Local
State/Territory	Queensland
Approach(es)	Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People who have previously attempted suicide▪ People who have self harmed▪ Workforce

2. Project Description

The project was developed in response to research highlighting the lack of support provided to low risk clients upon discharge from emergency departments (EDs) following self harm or suicide attempt. The project aimed to prevent suicide by addressing the need for improved discharge planning, referral and support of people at risk of deliberate self harm or suicide, who present at the Royal Brisbane and Women's Hospital (RBWH) and Princess Alexandra Hospital (PAH) emergency departments. The project aimed to achieve this by establishing and enhancing clear and effective linkages between divisions of general practice, general practice, specific clinical staff within hospital EDs and relevant community based services. NSPP funding for this project did not continue beyond June 2012.

3. Activities

- Provision of appropriate assertive follow up with primary and community care services to support eligible patients who present at the RBWH and PAH EDs with deliberate self harm / suicidal thoughts / behaviours, i.e.:
 - Clear referral pathways developed and documented at both sites
 - Ensure patients are followed up by a suitable practitioner within 24-72 hours following referral from the RBWH or PAH
 - Increase the capacity of Metro North Brisbane Medicare Local and Accoras to assist GPs and ATAPS providers to provide effective follow up to at risk patients, particularly on discharge from the ED
 - Improved discharge planning, clear referral pathways and follow up services developed and reviewed on a regular basis

Post Discharge Care from Hospital Emergency Departments

- Establish effective liaison with Primary Care (PC) service members, and other referring agents to shape referrals, pathways and support local care
- Develop linkages with and provide information and education to GPs, psychologists and other mental health care service providers.
- Establishment and implementation of agreed written protocols, procedures, communication and governance processes for management of this patient group between emergency departments and divisions of general practice (now Medicare Locals), i.e.:
 - Develop a shared clinical governance framework which encompasses patient care, Medicare Locals, and QLD Health roles and responsibilities, complaints processes and appropriate systems
 - Ongoing revision of protocols, procedures, communication and governance processes.
- Establishment and implementation of clear and effective linkages between Medicare Locals, general practice, specific clinical staff within hospital EDs and relevant community based services, i.e.:
 - Source any educational programs relating to suicide prevention including detection, assessment and treatment, particularly suited to the PC and non-government organisations (NGO)
 - Support the roll out of education particularly joint training between sectors
 - Build and strengthen connections between Mental Health Services, PC and NGOs.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	\$296,000	\$214,546	\$240,713	\$267,585	Not Applicable
% project funding	Not Applicable			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			2.5		2.5	
Number staff positions filled (FTE)	Not Applicable			2.5		2.5	

R U OK? Day

1. Project Profile

Project Name(s)	R U OK? Day
Funded Organisation	R U OK? Ltd
Geographical Area	National
State/Territory	National
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Whole of community

2. Project Description

The aim of R U OK? Day is to engage Australians to connect with people in the community they may have concerns about, encouraging them to seek further help and to follow up to ensure support is being provided. R U OK? Day encourages responsible public discussion of social isolation and its negative consequences such as suicide. The key message is that social connectedness and positive help seeking can assist people in crisis and is a whole of community responsibility. R U OK? operates at the prevention end of the care continuum of suicide prevention, complementing and working closely with sector partners, not duplicating their efforts. The key focal point is R U OK? Day, which is held once a year.

The objectives of the Project are to:

- Promote awareness of mental health and suicide and encourage Australians to reach out to those at risk in their community
- Generate constructive discussion about issues such as depression, rural isolation, mental illness, indigenous dislocation, teen bullying, body image, sexuality and financial stress
- Raise the profile of organisations and charities that provide support and care to people, families and communities affected by suicide or at risk.

3. Activities

R U OK? Day has:

- Created a fully integrated media campaign, including a television commercials, radio, press, print, outdoor, point of sale, sky writing and public relations

R U OK? Day

- Developed a complementary corporate component of R U OK? (now known as RUOK? At Work), which was founded on the insight that absenteeism and 'presenteeism' is the major cause of lost productivity, costing the nation roughly \$13billion
- Delivered a "How to" guide for successful RUOK? conversations into 1.5 million homes via News Limited's national newspaper network
- Developed a social media campaign featuring a Twitter push, Facebook page, creation of a YouTube channel.
- Developed a website, which was designed to guide people on how to have a conversation and provided links to partner websites for those seeking information on mental health and where to get help.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	Not Applicable	Not Applicable	\$199,605	\$375,000	\$137,599
% project funding	Not Applicable			100%		50%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			1		2	
Number staff positions filled (FTE)	Not Applicable			2		3.5	

RAW - Rural Alive and Well Program

1. Project Profile

Project Name(s)	RAW - Rural Alive and Well Program
Funded Organisation	Rural Alive and Well Inc
Geographical Area	Local
State/Territory	Tasmania
Approach(es)	Selected
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none"> ▪ Improving the evidence base and understanding of suicide prevention ▪ Building individual resilience and the capacity for self-help ▪ Improving community strength, resilience and capacity in suicide prevention ▪ Taking a coordinated approach to suicide prevention ▪ Providing targeted suicide prevention activities ▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none"> ▪ People bereaved by suicide ▪ Men ▪ Children ▪ Youth ▪ Indigenous populations ▪ People living with a mental illness ▪ People who have previously attempted suicide ▪ People who have self harmed ▪ Rural and remote communities ▪ LGBTI populations ▪ Refugee communities ▪ Older people ▪ People living with an alcohol or other drug problem ▪ Whole of community ▪ Workforce ▪ People affected by workforce redundancies ▪ People affected by natural disasters

2. Project Description

The aim of the RAW projects is to provide effective and timely early intervention policies and programs that reduce the incidence of suicide and promote help seeking avenues for individuals, families and communities, experiencing mental health and welfare issues.

The objectives of the project are to:

RAW - Rural Alive and Well Program

- Establish structures and networks to assist men, their families and communities to deal with suicide and related issues and to reduce the stigma associated with mental illness
- Provide support and assistance to communities, to assist them to respond to crises and to cope or recover after adversity including counselling for men and their families at risk of mental health problems and suicide
- Expand the promotion of mental health and suicide awareness/prevention through education, the media and at community events and forums
- Harness the cooperation and good will of key leaders in communities, local community services and support groups to respond to suicidality and continue to develop and foster partnerships with other agencies/service providers to facilitate multi-level services to communities and identify any service gaps.

3. Activities

- Facilitating ongoing relationships with key people in communities
- Developing and/or implementing group activities and programs
- Building and maintaining relationships with media sources to promote and market the project
- Producing and distributing a regular newsletter and contributing to existing local newsletters
- Providing individuals and the community with relevant information promoting other forms of suicide intervention
- Workers liaise with local and visiting health workers and service providers to assist with identification of clients
- Workers consult with the service group, community group, local industry and relevant individuals
- Conducting outreach visits
- Establishing and maintaining effective referral systems in consultation with other service providers.
- Identifying appropriate mental health and suicide awareness training that meet the needs of health professionals and rural workers
- Identifying and developing appropriate links with service providers and organisations to maximise service delivery
- Attending meetings with groups such as Rural Network Tasmania and Midland Matters to identify mental health issues and create suicide awareness
- Promote the program through media, forums, events, newsletters and fact sheets where appropriate
- Developing a comprehensive web-site about the program with links to other service providers and organisations.

RAW - Rural Alive and Well Program

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	Not Applicable	\$335,300	\$177,000	\$281,273	\$306,849
% project funding	Not Applicable			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			2.3		2.5	
Number staff positions filled (FTE)	Not Applicable			2.3		2.5	

ReachOut! Pro Website

1. Project Profile

Project Name(s)	ReachOut! Pro Website
Funded Organisation	Inspire Foundation
Geographical Area	National
State/Territory	National
Approach(es)	Selected
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Taking a coordinated approach to suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Workforce

2. Project Description

The Reach Out! Professional (Reach Out! Pro) website is a dedicated website for professionals, providing an online source of information and interactive features for a range of health professionals including GPs, psychologists, psychiatrists and allied health professionals. The website supports health professionals and facilitates the engagement of young people in both the treatment and maintenance of better mental health outcomes, including a reduction in suicidal behaviour, depression, and drug alcohol use. The website was launched in 2009.

3. Activities

- General day to day maintenance and up-keep of the ReachOut! Pro website
- Continuing to build a network of health care professionals and young people with the necessary expertise and skill set to ensure the website is always up to date with relevant and current information and research
- Continuing current marketing and promotional activities of ReachOut! Pro including:
 - Implementing search engine optimisation and search engine marketing strategies via Google Ad words;
 - Delivering webinars to promote the online module;
 - Speaking engagements at conferences for health care professionals;
 - Development and dissemination of promotional material;
- Sourcing of reciprocal links on industry websites, particularly those used on Reach Out Pro;
- Writing and publishing articles in various industry newsletters and publications.
- Continuing development of new digital and multimedia content on ReachOut! Pro
- Sourcing and interviewing health care professionals who use technology to take part in case studies for the website

ReachOut! Pro Website

- Sourcing and interviewing young people having experienced technology use in a clinical setting and highlight their experiences on the website
- Conducting focus groups with target demographic to determine their needs going forward, for the progression of the project
- Continuing to build the evidence base by writing papers for publication and seeking opportunities to present at national and international conferences.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$287,088	\$270,540	\$277,372	\$210,000	\$114,865	\$339,881	\$159,920
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	1.6			1.4		1.4	
Number staff positions filled (FTE)	1.6			1.4		1.4	

REAL4Mii Northern Territory

1. Project Profile

Project Name(s)	Real4Mii Northern Territory (previously referred to as Apprentices Project NT)
Funded Organisation	Oz Help NT
Geographical Area	Statewide
State/Territory	Northern Territory
Approach(es)	Universal, Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Men▪ Youth▪ Rural and remote communities▪ Workforce▪ People affected by workforce redundancies

2. Project Description

In 2002, The OzHelp Foundation commenced its pilot operations as a support based Suicide Prevention service in Canberra following the tragic death of three young apprentices in the building and Construction Industry within a six month period in the year 2000. Through the determined lobbying of one of the apprentice's mothers, the Industry recognised the need to provide greater support to their apprentices. This initiated the foundation establishing an industry embedded proactive field based workplace service to support apprentices, workers and families struggling with life demands, personal issues and work related difficulties that led to some individuals finding themselves at risk of suicide.

This model became quickly recognised and adopted by Industry for its innovative approach and, in 2006, was funded under the NSPS to commence operations in Darwin in the Northern Territory. The aims and objectives for this project were developed to put capacity building services on the ground to support the local Building & Construction Industry in Darwin & local environs. The aims were to raise awareness about suicide, build referral pathways for support, and provide training services for local construction & community organisations to help build local capacity in supporting the local industry.

REAL4Mii Northern Territory

3. Activities

OzConnect

The primary OzConnect event is a lunchtime barbeque held at worksites. The fact that the barbeques are free helps to demonstrate OzHelp's interest in the workers, and encourages acceptance of OzHelp services in what is generally an emotionally reticent industry. The OzConnect barbeque is an effective "ice-breaker" for follow-up visits by Field Officers, and encourages attendance at subsequent training sessions on suicide awareness, and the development of the Mates in Construction programs.

OzSupport

Field Officers conduct regular site visits to establish rapport with apprentices and workers. These visits provide a real person in whom to confide personal problems or crises, not just a number to call or an institute to approach. If needed, individuals may be referred to an OzHelp counsellor or service provider for further/ongoing counselling. The ongoing interest of the Field Officers also assists in encouraging workers to attend any subsequent training (such as GAT courses – see below), and models an openness to discussion of problems.

Training and workshops

OzHelp offers two types of training courses:

- Those that directly target knowledge and attitudes toward mental health and suicide. These include:
 - GAT
 - Mental Health Awareness
 - SafeTALK
- Those that aim to develop resilience and address problems at an early stage. A range of training modules – of 4 hours duration each - are available as requested by organisations

Mates in Construction (MIC)

The MIC project aims to ensure that about one in 15 workers on sites are trained as "connectors": taking on a role as someone who can be approached with problems, and who will connect a person to appropriate services. "Connectors" have completed the one hour GAT course, and have expressed an interest in taking on the role, receive an extra four hours of training (the SafeTALK course).

"Connectors" are usually tradesmen, occupational health and safety representatives, union delegates, project managers and other personnel who are mature, and have an interest and willingness in contributing to a more supportive workplace. The mentoring training equips connectors with skills to identify warning signs among their co-workers, improve their communications skills and become aware of the sources of assistance if they need to refer a worker.

Awareness raising

Local media is used to publicise the existence and nature of OzHelp through encouraging reporting of activities. The other approach for dissemination of information is the use of brochures and factsheets that are located in key areas accessible by the target populations.

Counselling

Field Officers provide initial counselling to workers in the workplace, and are able to be accessed by phone 24/7. This is one of the great strengths of the organisation – it provides a single point of contact for industry and individuals with counsellors who have a good understanding of the nature of the workplaces, and the types of most prevalent issues. The counsellors are also proactive in establishing

REAL4Mii Northern Territory

and maintaining support for anyone at risk, and will refer to more specialised agencies (drug and alcohol, GPs, psychologists) where this is indicated.

Tradies' Tune Up (TTU)

This innovative OzHelp program involves a brief (about 15 minutes) physical and mental health screening at worksites. Offering a physical check-up appears to make it easier to engage men, who are then more likely to open up about emotional issues.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	Not Applicable	\$395,000	\$362,350	\$385,491	\$402,429
% project funding	Not Applicable			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			2		2	
Number staff positions filled (FTE)	Not Applicable			2.5		3	

REAL4Mii Pilbara

1. Project Profile

Project Name(s)	REAL4Mii Pilbara (previously referred to as Real engagement and linking for Men in industry (REAL4Mii))
Funded Organisation	Oz Help Ltd WA
Geographical Area	Local
State/Territory	Western Australia
Approach(es)	Universal and Selected
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Men▪ Youth▪ Rural and remote communities▪ Workforce▪ People affected by workforce redundancies

2. Project Description

In 2002, The OzHelp Foundation commenced its pilot operations as a support based Suicide Prevention service in Canberra following the tragic death of three young apprentices in the building and Construction Industry within a six month period in the year 2000. Through the determined lobbying of one of the apprentice's mothers, the Industry recognised the need to provide greater support to their apprentices. This initiated the foundation establishing an industry embedded proactive field based workplace service to support apprentices, workers and families struggling with life demands, personal issues and work related difficulties that led to some individuals finding themselves at risk of suicide.

This model became quickly recognised and adopted by Industry for its innovative approach and, in 2006, was funded under the NSPS to commence operations in the Pilbara region. The aims and objectives for this project were developed to put capacity building services on the ground in the Pilbara region to support the Building, Construction and Mining Industries. The aims were to raise awareness about suicide, build referral pathways for support, and provide training services for local construction and community organisations to help build local capacity in supporting the local industry.

REAL4Mii Pilbara

3. Activities

- Deploy and train appropriate staff to coordinate and deliver REAL4Mii in the Pilbara region
- Network with building, construction and mining industry stakeholders and health services and support organisations in the Pilbara region with the view of developing formal agreements and working relationships to facilitate delivery of the Project
- Build strong relationships between OzHelp and individual workers, industry employers, and the community so that OzHelp becomes a trusted initial and on-going point of contact
- Establish referral protocols and service agreements with health services and support providers in the Pilbara region
- Analyse needs of workers in the building, construction and mining industries including Indigenous workers to target and select appropriate OzHelp resources and modifications, if any, required
- Conduct mental health and suicide awareness raising workshops for the target audience across the Pilbara region
- Identify suitable mentors from within industries to receive and participate in additional training to support help seeking behaviour
- Use field worker support visits and mentoring networks to identify workers at risk to facilitate access to support services.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	\$348,800	\$635,000	\$90,000	\$369,025	\$349,621
% project funding	Not Applicable			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			2		2	
Number staff positions filled (FTE)	Not Applicable			3		2	

Response to Youth Suicide in Greater Geelong

1. Project Profile

Project Name(s)	Response to Youth Suicide in Greater Geelong
Funded Organisation	Anglicare VIC
Geographical Area	Local
State/Territory	Victoria
Approach(es)	Universal and Selected
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ Men▪ Rural and remote communities▪ Whole of community▪ Workforce

2. Project Description

The project was developed in response to data showing that during 2009 youth suicide in Geelong was significantly above national averages. The emergence of a 'suicide culture' in the region in which groups of young people talk about outdoing each other with their funerals and leave details of their funeral requirements in their final letter was worrying.

The project was developed in order to increase the capacity of professionals working with young people to recognise and respond to people displaying suicidal behaviours.

Applied Suicide Intervention Skills Training (ASIST) courses are delivered to secondary school teachers and other people working with young people, such as welfare officers and chaplains, in the Geelong and Barwon South West regions of Victoria. People at risk of suicide generally provide warning signs of their distress and intent. ASIST is designed to help train participants to recognize these signals and to effectively intervene to help the person stay safe.

The objectives of the project are to:

- Build an effective network of organisations and people, including family members, who are skilled at intervention with at-risk young people
- Bring about real and significant change and positive outcomes for both young people, their families, course participants and the Geelong community generally.

Response to Youth Suicide in Greater Geelong

3. Activities

The primary service provided by the project is the ASIST two-day workshop facilitated by at least two registered Livingworks Trainers and conducting presentations to Community Groups.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	\$28,000	\$18,280	\$38,280	\$29,074	\$29,597
% project funding	Not Applicable			60%		50%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			1		1	
Number staff positions filled (FTE)	Not Applicable			4		4	

SANE Media Centre & StigmaWatch

1. Project Profile

Project Name(s)	SANE Media Centre & StigmaWatch
Funded Organisation	SANE Australia
Geographical Area	National
State/Territory	National
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People living with a mental illness▪ CALD communities▪ Whole of community▪ Other

2. Project Description

SANE Australia's web-based StigmaWatch program was established to promote accurate, respectful and sensitive depiction of mental illness and suicide – exposing cases of media stigma to public scrutiny and educating those responsible to change their practices. The SANE Media Centre was established to provide accurate information, access and referral to reliable interviewees, 'media-savvy' advice and support and active promotion of the Mindframe Initiative and its resources.

The aims of the project are to:

- Support the media and the mental health sector by providing day to day information and advice on appropriate reporting and portrayal of mental illness and suicide
- Promote accurate, balanced and responsible depictions of mental illness and suicide
- Raise awareness of the Mindframe National Media Initiative principles and available resources
- Enhance the community's ability to take action against media reporting that stigmatises mental illness or depicts suicide inappropriately
- Support and promote the work being done by other projects funded through the NSPP.

3. Activities

The project works to achieve the above aims by:

SANE Media Centre & StigmaWatch

- Strengthening relationships with print and online media to improve understanding of the complexities surrounding the reporting of mental illness and suicide by providing background information, current statistics, comment and referral to experts
- Supporting the media in presenting positive stories relating to suicide and mental illness through providing, where possible, people with a mental illness and/or experience of suicidal ideation and family carers for interviews
- Briefing and supporting interviewees provided for media interviews
- Providing feedback to the media following accurate and responsible portrayals of mental illness and suicide
- Directing media professionals, the mental health and suicide prevention sectors and students to Mindframe resources
- Advising scriptwriters, producers and commissioners of drama, documentaries and film, and the advertising industry on the appropriate portrayal of mental illness and suicide
- Providing advice to the mental health sector on working with the media consistent with the Mindframe resources for the mental health and suicide prevention sector
- Providing media training for people with a mental illness, family carers and mental health and suicide prevention workers
- Ensuring the quality of media awards by judging entries when requested
- Supporting the development of media codes of practice which are consistent with the Mindframe principles by providing advice to media regulators on issues relating to reporting and portraying suicide and mental illness.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$300,000	\$300,000	\$300,000	\$335,000	\$335,000	\$350,949	\$357,267
% project funding	80%			80%		80%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	1.35			1.35		1.35	
Number staff positions filled (FTE)	2			2		2	

SPA Strategic Partnership

1. Project Profile

Project Name(s)	SPA Strategic Partnership
Funded Organisation	Suicide Prevention Australia
Geographical Area	National
State/Territory	National
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities
Target Groups	<ul style="list-style-type: none">▪ Whole of community

2. Project Description

Suicide Prevention Australia (SPA) was established in 1992, with the objectives of:

- Representing and promoting the interests of those within the field of suicide prevention and postvention, including (but not limited to) health care sector professionals and volunteers, State and Territory governments and those affected by suicide
- Working to build resilience, resourcefulness and social connectedness in people, families and communities to protect against suicide and its risk factors, and
- Facilitating greater collaboration and continuous improvement in suicide prevention and postvention among communities nationwide by providing a national influence.

SPA was funded under the NSPP to provide national advocacy for suicide and self-harm prevention, intervention and postvention. SPA delivers a suite of negotiated outputs under the following key work areas:

1. Policy and Research
2. Consultation, Representation and Networking
3. Education and Information Dissemination
4. Governance.

3. Activities

Examples of initiatives delivered in the above areas include:

- Building new and consolidating existing coalitions/relations with organisations with direct interest in suicide prevention.
- Building and consolidating alliances with researchers and centres of excellence

SPA Strategic Partnership

- Effective communication with members, stakeholders regarding awareness of key suicide prevention issues and initiatives, funding and SPA activities
- Conducting key national events to facilitate sector collaboration, diffusion of innovation and tackle key challenges for the sector, e.g. LIFE awards, Conferences etc.
- Developing position statements on key social agendas and emerging issues and in response to government and public discourse
- Advocating and promoting increased use of data sets to inform policy and program decisions and evaluation.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$168,971	\$302,818	\$434,182	\$450,517	\$528,984	\$510,000	\$519,180
% project funding	Not Applicable			Data Not Supplied		80%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			Data Not Supplied		3	
Number staff positions filled (FTE)	Not Applicable			Data Not Supplied		3	

StandBy ACT

1. Project Profile

Project Name(s)	StandBy ACT
Funded Organisation	Support Link Australia
Geographical Area	State-wide
State/Territory	Australian Capital Territory
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide

2. Project Description

The StandBy Suicide Bereavement Response Service is an active postvention service, which was developed by United Synergies Ltd in 2002. The StandBy Response Service provides people bereaved by suicide with access to timely support and clear pathways to care. The service provides immediate response to people bereaved by suicide via its 24-hour crisis response telephone number. From there, people bereaved by suicide can receive face-to-face outreach service provided by a skilled trauma response team and/or a referral to appropriate support services matched to their needs.

Support Link is funded under the NSPP to provide the StandBy Service in the ACT.

Support Link must ensure that processes and procedures facilitate a collaborative approach with United Synergies and United Synergies provides support as a mentoring partner for the StandBy Service.

3. Activities

- Providing ongoing professional care for people bereaved through suicide on a 24/7 basis
- Providing support and assistance to and via emergency service personal from ACT Policing and ACT Ambulance Service at the time of a suicide loss
- Maintaining MOU's via Police and Ambulance training and liaison meetings
- Maintaining a Steering Committee / Reference Group of local stakeholders
- Maintaining ongoing professional supervision and debriefing
- Maintaining service partnerships with community and government agencies able to further assist clients
- Establishing a suitable framework to respond to suicides that affect school communities; In conjunction with the ACT Department of Education and other stakeholders review current framework

StandBy ACT

- Establishing a suitable framework to respond to suicides that affect local businesses, in conjunction with ACT Chamber of Commerce and other stakeholders continue to develop best practice response model
- Establishing a suitable framework to respond to suicides that affect local migrant and refugee community - In conjunction with key migrant and refugee resettlement and support agencies develop best practice response model.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$128,932	\$121,500	\$124,568	\$177,060	\$180,696	\$183,949	\$187,260
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	1.4			1.4		1.4	
Number staff positions filled (FTE)	4			4		4	

StandBy Brisbane

1. Project Profile

Project Name(s)	StandBy Brisbane
Funded Organisation	Lifeline Community Care Brisbane
Geographical Area	Local
State/Territory	Queensland
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ Indigenous populations▪ Whole of community

2. Project Description

The StandBy Suicide Bereavement Response Service is an active postvention service, which was developed by United Synergies Ltd in 2002. The StandBy Response Service provides people bereaved by suicide with access to timely support and clear pathways to care. The service provides immediate response to people bereaved by suicide via its 24-hour crisis response telephone number. From there, people bereaved by suicide can receive face-to-face outreach service provided by a skilled trauma response team and/or a referral to appropriate support services matched to their needs.

Lifeline Community Care Brisbane (LLCC Brisbane) is funded under the NSPP to provide the StandBy Service in Brisbane.

LLCC Brisbane must ensure that processes and procedures facilitate a collaborative approach with United Synergies and United Synergies provides support as a mentoring partner for the StandBy Service.

3. Activities

Service provision

- Provision of 24 hour community based suicide postvention service
- Ongoing promotion of service availability to local people and communities bereaved by suicide

StandBy Brisbane

- Provision of postvention response as requested to schools and workplaces and other groups impacted by suicide
- Coordination of all agencies involved in StandBy's response including emergency services, coronial and hospital services
- Provision of on-call guidance and advice regarding suicide prevention, postvention, traumatic loss and grief, including referrals to support services
- Participation in sharing of practice and continuous improvement to the service model through active participation in the national StandBy Network.

Community development

- Provision of regular training and support for emergency, health and other service providers relevant to the StandBy service
- Provision of ongoing training and capacity building activities in the community in relation to suicide and bereavement
- Ensuring active involvement of local services, business and individuals in the StandBy referral pathway processes
- Participation in local, regional, and state networks, committees and advisory groups
- Maintaining currency in media relationships and the implementation of media guidelines relevant to suicide and suicide prevention.

Governance

- Maintaining and supporting active StandBy Steering Committees and Reference Groups
- Utilising StandBy steering and reference committee members for guidance, advice and training
- Continuing the establishment of formal relationships with statutory and government bodies as required
- Undertaking data collection and secure storage for reporting, funding, evaluation and program development for the StandBy service
- Undertaking regular reporting activities for both United Synergies and the Department of Health and Ageing
- Continuing to ensure adequate facilities for program operations and maintenance of StandBy resources including program material.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$152,486	\$137,700	\$141,177	\$209,108	\$206,969	\$211,782	\$215,595
% project funding	100%			100%		100%	

StandBy Brisbane

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	2			2		2	
Number staff positions filled (FTE)	2			2		2	

StandBy Response Service

1. Project Profile

Project Name(s)	StandBy Response Service (also referred to as Standby 6 sites)
Funded Organisation	United Synergies Ltd
Geographical Area	Local
State/Territory	Queensland, Western Australia, Tasmania
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none"> ▪ Improving the evidence base and understanding of suicide prevention ▪ Building individual resilience and the capacity for self-help ▪ Improving community strength, resilience and capacity in suicide prevention ▪ Taking a coordinated approach to suicide prevention ▪ Providing targeted suicide prevention activities ▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none"> ▪ People bereaved by suicide ▪ Men ▪ Children ▪ Youth ▪ Indigenous populations ▪ Rural and remote communities ▪ LGBTI populations ▪ CALD communities ▪ Refugee communities ▪ Older people ▪ Whole of community ▪ Workforce ▪ People affected by workforce redundancies ▪ People affected by natural disasters ▪ Other

2. Project Description

The StandBy Suicide Bereavement Response Service is an active postvention service, which was developed by United Synergies Ltd in 2002. The StandBy Response Service provides people bereaved by suicide with access to timely support and clear pathways to care. The service provides immediate response to people bereaved by suicide via its 24-hour crisis response telephone number. From there, people bereaved by suicide can receive face-to-face outreach service provided by a skilled trauma response team and/or a referral to appropriate support services matched to their needs.

StandBy Response Service

United Synergies receives NSPP funding to implement the StandBy Response Service in six locations across Australia:

- Sunshine and Cooloola Coasts (the original sites)
- Cairns
- Kimberley Region
- Pilbara Region
- Northern Tasmania
- Southern Tasmania.

United Synergies works with organisations in each of the above locations, who auspice the StandBy Service in their respective locations.

The aim of the StandBy Response Service is to reduce potential adverse health outcomes and assist in addressing further suicidal behaviour. The service does this by providing an integrated and comprehensive response using existing emergency and community support mechanisms. Active participation and cooperation of a wide range of agencies, such as police, ambulance, coronial services and community groups, results in bereaved people accessing the right support, at the right time and in the right place.

3. Activities

The key activities undertaken by the StandBy Response Service can be grouped under four headings: Service Provision, Community Development, Governance and Mentoring and Support, as described below.

Service provision

- Provision of 24 hour community based suicide postvention
- Promotion of service availability to local people and communities bereaved by suicide
- Providing postvention response as requested to schools and workplaces and other groups impacted by suicide
- Coordinating all agencies involved in StandBy's response including emergency services, coronial and hospital services
- Providing on-call guidance and advice regarding suicide prevention, postvention, traumatic loss and grief, including referrals to support services
- Participating in sharing of practice and continuous improvement to the service model through active participation in the national StandBy Network.
- Providing advice and links to other related mental health and suicide prevention projects.

Community development

- Providing regular training and support for emergency, health and other service providers relevant to the StandBy service
- Providing ongoing training and capacity building activities in the community in relation to suicide and bereavement

StandBy Response Service

- Ensuring active involvement of local services, business and individuals in the StandBy referral pathway processes
- Participating in local, regional, and state networks, committees and advisory groups
- Maintaining currency in media relationships and the implementation of media guidelines relevant to suicide and suicide prevention
- Producing and distributing resources including support packs, factsheets and localised community referral pathways directories.

Governance

- Maintaining and support active StandBy Steering Committees and Reference Groups
- Utilising StandBy steering and reference committee members for guidance, advice and training
- Continuing the establishment of formal relationships with statutory and government bodies as required
- Undertaking data collection and secure storage for reporting, funding, evaluation and program development for the StandBy service
- Undertaking regular reporting activities for both United Synergies and the Department of Health and Ageing
- Continuing to ensure adequate facilities for program operations and maintenance of StandBy resources including program material.

Mentoring and support

- Providing direct support to coordinators and managers of StandBy sites
- Providing training for all new coordinators in the StandBy model and refresher training for other staff and communities as required
- Participating as members of steering committees and reference groups
- Producing and disseminating StandBy resources including updating the StandBy Manual to include new developments in the model
- Liaison with DoHA
- Liaison with other federally funded projects as necessary and appropriate
- Managing data collection and evaluation activities including production of reports and presentation of research findings
- Establishing and maintain professional relationships with key experts, tertiary institutions and industry bodies to ensure currency of practice nationally
- Facilitating and supporting the sharing of practice across all sites through regular communication, the national network and co-ordination of annual forums
- Providing training.

StandBy Response Service

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$451,492	\$446,570	\$1,579,295	\$1,805,565	\$1,496,265	\$2,168,471	\$2,162,322
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	10			12		15	
Number staff positions filled (FTE)	10			12		15	

Strength to Strength Suicide Prevention Resources

1. Project Profile

Project Name(s)	Strength to Strength Suicide Prevention Resources (previously referred to as Basic Needs Project)
Funded Organisation	Northern Territory Medicare Local
Geographical Area	Local
State/Territory	Northern Territory
Approach(es)	Selected
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Men▪ Indigenous populations▪ People who have previously attempted suicide▪ People who have self harmed▪ Rural and remote communities▪ People living with an alcohol or other drug problem▪ Whole of community

2. Project Description

The project aims to promote the suicide prevention message in East Arnhem and Top End Aboriginal communities through the activities of the Aboriginal Mental Health Workers, their program manager, and through associated community training and promotional events.

This is to be achieved by developing a strength and resilience based approach to suicide prevention; establishing working partnerships with the network of Aboriginal Mental Health Workers in East Arnhem Land; establishing working partnerships with the health centres in East Arnhem Land, and utilising the DVD created in the 2009-11 funding agreement.

3. Activities

The key activities undertaken by the funded project include:

- Liaison with the Mental Health Association of Central Australia (MHCA) and the Suicide Story trainers to assist in the delivery of Suicide Story in the Top End
- Regular planning meetings with MHCA
- Collaboration and liaison with Top End Stakeholders
- Delivery of training

Strength to Strength Suicide Prevention Resources

- Dissemination of related promotional material and information to health centres in East Arnhem: Distribute Caring for your Mind DVD, Show Caring for Your Mind DVD, Support Audio Visual Display of Caring for your mind DVD in communities
- Further development of resources with similar strength based themes to that contained in the aforementioned suicide prevention DVD.

4. Funding

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
NSPP Funding							
Amount	Not Applicable	Not Applicable	Not Applicable	\$55,000	\$49,355	\$75,000	\$75,000
% project funding	Not Applicable			Data Not Supplied		Data Not Supplied	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Data Not Supplied			Data Not Supplied		Data Not Supplied	
Number staff positions filled (FTE)	Data Not Supplied			Data Not Supplied		Data Not Supplied	

Suicide Story Train the Trainer

1. Project Profile

Project Name(s)	Suicide Story Train the Trainer
Funded Organisation	Mental Health Association of Central Australia (MHACA)
Geographical Area	State-wide
State/Territory	Northern Territory
Approach(es)	Selected
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Implementing standards and quality in suicide prevention.
Target Groups	<ul style="list-style-type: none">▪ Indigenous populations▪ Rural and remote communities▪ Whole of community

2. Project Description

In response to the increasing prevalence of suicide and self harming behaviour in Central Australia, the Life Promotion Program was established in 1998 and is currently located at MHACA in Alice Springs. The key aim of the Life Promotion Program is to reduce suicide and suicidal behaviour in the Central Australian region by establishing collaborative partnerships with relevant stakeholders; providing community education and training in prevention; and carrying out an interagency response following a completed suicide. Through a community development and action research approach, the Life Promotion Program developed the localised Indigenous-specific training resource 'Suicide Story'.

The training resource consists of a DVD that covers nine issues relevant to Indigenous suicide by incorporating film, animation, artwork, music and interviews. The aim of this training resource is to provide a culturally sensitive approach to increase understanding about suicide, improve the skills to work with people at risk, and build a sense of hope for Central Australian Aboriginal communities. The DVD was not intended to be a standalone resource. For the program to be a comprehensive training resource required: trainers, a training manual, interactive tools to accompany the DVD, a trial period and dissemination strategy.

The Life Promotion Program received funding under the NSPP to support the roll out of eight suicide prevention trainee workshops, two Train the Trainer workshops and the development of a training manual.

3. Activities

Activities undertaken include:

Suicide Story Train the Trainer

- Finalising the DVD training resource
- Developing the Train the Trainer Program including manual and materials
- Developing posters for remote community health clinics and Shire Offices
- Delivering the Train the Trainer Program in nominated communities in Alice Springs, Darwin, Katherine and Western Australia
- Working with remote community health clinics regarding assisting in community suicide prevention.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	Not Applicable	\$57,553	\$200,220	\$203,824	\$207,493
% project funding	Not Applicable			Data Not Supplied		50%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			Data Not Supplied		1.5	
Number staff positions filled (FTE)	Not Applicable			Data Not Supplied		1.5	

Support After Suicide

1. Project Profile

Project Name(s)	Support After Suicide
Funded Organisation	Jesuit Social Services Ltd
Geographical Area	Local
State/Territory	Victoria
Approach(es)	Universal and Selected
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide

2. Project Description

The Support After Suicide (SAS) project aims to support those bereaved by suicide by building the capacity of the community and existing services to respond effectively and appropriately to suicide bereaved people. This involves the provision of training and education to health, welfare and education professionals on the issues experienced by suicide bereaved people and also, in particular, in how to provide effective counselling and group support. There is an emphasis on children, young people and families, and the project includes the further development and dissemination of information and materials, including the development of a web site for the bereaved and professionals.

The project also involves providing education, training and secondary consultation to rural and regional Victoria and a direct service component in the provision of counselling and group support to children, young people and families in metropolitan Melbourne.

The objectives of the project are to:

- Build the capacity of the community and existing services to respond effectively and appropriately to those bereaved by suicide
- Further develop information and resources for the bereaved and other professionals providing support to the bereaved
- Provide counselling and group work support to suicide bereaved people with a particular emphasis on children, young people and families
- Promote understanding and awareness about suicide to the community, professionals and the bereaved.

3. Activities

The key activities undertaken by Support after Suicide are:

Support After Suicide

- Providing education and training to health, welfare and education professionals from metropolitan and rural Victoria on the unique issues and experiences of the suicide bereaved and how to effectively support them
- Training workers in existing agencies to facilitate group work programs in metropolitan and rural Victoria
- Providing secondary consultation, information and written resources to health, welfare and education professionals across Victoria
- Developing partnerships with appropriate community agencies
- Development of a website with information and resources for the bereaved and professionals who are working with the bereaved
- Updating the current Information Sheets and developing new Information Sheets for dissemination
- Facilitating support groups for suicide bereaved adults
- Developing and facilitating support groups for suicide bereaved children and young people
- Developing and facilitating a support program for parents of suicide bereaved children
- Providing information about suicide, suicide bereavement, prevalence and risk factors to the community, professionals and the bereaved.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$450,082	\$388,800	\$398,618	\$471,960	\$625,979	\$537,272	\$546,943
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	2.5			4		4.8	
Number staff positions filled (FTE)	2.5			4		4.8	

Sustainable Personal Development for Aboriginal Men

1. Project Profile

Project Name(s)	Sustainable Personal Development for Aboriginal Men
Funded Organisation	Centacare Catholic Family Services Country SA (formerly Centacare Catholic Family Services - Port Pirie Diocese)
Geographical Area	Local
State/Territory	South Australia
Approach(es)	Selected
Individual/Group	Individual
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Men▪ Indigenous populations▪ Rural and remote communities▪ Whole of community

2. Project Description

The objective of the Program was to develop culturally appropriate personal development training modules for delivery in local Aboriginal communities. The project focuses on at risk Aboriginal males aged 18-45 years, with the intention of helping them to effectively manage challenging life situations through culturally appropriate personal development resources and training modules.

The aim of the project is to provide support to those who are identified in the health and social service system as at imminent risk, and to provide suicide prevention training that will enhance individual resilience and the capacity for self-help.

3. Activities

Key activities undertaken by the project are:

- Building positive networks with remote Aboriginal communities and providing ongoing training
- Collaborating with other health and community service organisations to ensure duplication is reduced and resources are shared
- Undertaking a mapping exercise of existing services and potential partnerships across the North and West of South Australia

Sustainable Personal Development for Aboriginal Men

- Assisting Aboriginal males to develop a sense of belonging to community and land. e.g. 3-day male Healing Camp; Bush Outings
- Working with Aboriginal youth recognised in the Justice and social service system, e.g. providing education around life skills/suicide prevention training to enable them to gain self esteem; collaborating with other agencies (Families SA, local schools, Child Adolescent and Mental Health, Courts) to present on wellness and good health, drug prevention and gambling awareness; providing support to Aboriginal youth in the community
- Involvement with Aboriginal and health service groups e.g. promoting importance of education around culturally appropriate grief and loss; presenting educative packages for those experiencing grief and loss as a result from suicide or suicide ideation; working collaboratively with the Aboriginal Advisory Committee for Port Augusta and with the Project Advisory group.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$365,000	\$170,000	\$247,000	\$309,136	\$323,365	\$321,943	\$327,738
% project funding	100%			100%		100%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	1			1		1	
Number staff positions filled (FTE)	1			1		1	

The Strength Within

1. Project Profile

Project Name(s)	The Strength Within (previously Community Capacity Building and Training Project (CCBTP) and Drop the Rock)
Funded Organisation	Royal Flying Doctor Service of Australia
Geographical Area	Local
State/Territory	Queensland
Approach(es)	Selected
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ People bereaved by suicide▪ Indigenous populations▪ Rural and remote communities▪ Whole of community▪ Workforce

2. Project Description

The project was developed out of a need within the organisation and the communities which the RFDS service, to provide locally and culturally appropriate social and emotional well-being (SEWB) services.

The project objectives are to provide training and employment opportunities for Aboriginal and Torres Strait Islander people from the four Cape York Welfare Reform communities (Aurukun, Coen, Hope Vale and Mossman Gorge) to develop a sustainable workforce in the Social and Emotional Wellbeing field. The project employs local Indigenous people in trainee positions and provides nationally accredited training at a Certificate IV level.

3. Activities

The activities undertaken to meet the project aims and objectives are:

- Supporting the recruitment of local Aboriginal and Torres Strait Islander people for trainee Community Development Consultant roles in the Welfare Reform Wellbeing Centres
- Delivery of 'Family Wellbeing' Stage One training to all project participants
- Developing relevant training plans and supporting trainees through with the plan

The Strength Within

- Supporting the connection between community practice and training through the development and implementation of mentoring and practise supervision systems and other appropriate support
- Supporting participants of the training to seek appropriate employment upon completion of their training.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$365,000	\$170,000	\$247,000	\$309,136	\$323,365	\$321,943	\$327,738
% project funding	Approx. 40%			41%		53%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	2			2		2.5	
Number staff positions filled (FTE)	2			2		2.5	

WHO START Project

1. Project Profile

Project Name(s)	WHO START Project
Funded Organisation	Griffith University/Australian Institute of Suicide Research and Prevention (AISRAP)
Geographical Area	Information not provided
State/Territory	Queensland
Approach(es)	Universal
Individual/Group	Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Providing targeted suicide prevention activities▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Other

2. Project Description

The World Health Organization's Suicide Trends in At-Risk Territories (WHO/START) Study is investigating preventative interventions across various countries, cultures and population sub-groups within the Asia-Pacific region, in Italy and Brazil.

As a Collaborating Centre for the WHO, AISRAP is managing the WHO/START project within the Western Pacific Region (WPR). Funding under the NSPP was provided to employ a Research Fellow to coordinate the WHO/START study.

The role of the technical coordinator involves:

- Providing methodological advice to all participating locations in the WPR, Italy in Europe, Brazil in South America, involved in START
- Acting as the custodians for the information collected in the WPR, Italy in Europe, Brazil in South America, for the pooled database
- Writing reports, research articles and funding applications on behalf of all participating locations.

Staff members at AISRAP are actively involved in the study process as participating researchers and they have also been involved in the implementation of the START methodology at several Queensland hospitals.

In the 2011-13 funding period, the objectives of the project are to:

- Establish an effective and reliable monitoring system for both fatal and non-fatal suicidal behaviours in all participating locations in the WPR, Italy and Brazil

WHO START Project

- In the Australian context, create a database of presentations seen in Hospital Emergency Departments for suicidal behaviours
- Source age, gender and method of fatal suicide behaviour data from the Queensland Suicide Register (QSR)
- Use the data from the QSR to inform a model of care that is transferrable to participating locations in the WPR, Italy and Brazil
- In the role of technical coordinator, progress work on the pooled international database of fatal and non-fatal suicidal behaviours.

3. Activities

In 2011-13 the project is:

- Continuing to develop an effective monitoring system for all participants internationally and increasing monitoring study to two additional hospitals in Queensland
- Identifying and assessing the trends of medically dangerous suicide attempts in the hospitals under surveillance
- Validating the data collected in the monitoring study by reviewing all cases presenting over two days in Emergency Departments – this will provide a model of care for all participating countries in the START study.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	\$48,600	\$100,000	\$39,290	\$50,000	\$50,000	\$50,900	\$51,816
% project funding	Data Not Supplied			Data Not Supplied		Data Not Supplied	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Data Not Supplied			1		1	
Number staff positions filled (FTE)	Data Not Supplied			Data Not Supplied		Data Not Supplied	

Workplace Training and Education

1. Project Profile

Project Name(s)	Workplace Training and Education
Funded Organisation	Oz Help Tasmania Foundation
Geographical Area	State-wide
State/Territory	Tasmania
Approach(es)	Universal, Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Men▪ Youth▪ Workforce

2. Project Description

OzHelp is a work based early intervention, suicide prevention and social capacity building Program. It is built on the vision of enhancing resilience of apprentices and workers in the building and construction industry and strengthening leadership and support roles of the industry leaders.

The Project provides proactive suicide prevention training and services, including capacity building, resilience skilling, counselling and community liaison within the building and construction industry. The program will increase to participants in the hospitality and automotive industries and expand pilot programs into two new industries.

3. Activities

Activities undertaken by OzHelp are:

- Provides proactive suicide prevention services to the Tasmanian building and construction industry and in new industries
- Provides mental health, social capacity building and resilience skills in Tasmanian workplaces
- Provides early intervention counselling and bridges gaps between those at risk and existing professional services for industry workplaces
- Works collaboratively with the local and broader community.

Workplace Training and Education

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Data Not Supplied	Data Not Supplied	Data Not Supplied	\$450,000	\$250,000	\$241,000	\$259,000
% project funding	100%			80%		40%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	4			5		2.6	
Number staff positions filled (FTE)	4			5		2.6	

Yiriman Project

1. Project Profile

Project Name(s)	Yiriman Project
Funded Organisation	Kimberley Aboriginal Law and Culture Centre
Geographical Area	Local
State/Territory	Western Australia
Approach(es)	Selected and Indicated
Individual/Group	Individual and Group
LIFE Action Areas	<ul style="list-style-type: none">▪ Improving the evidence base and understanding of suicide prevention▪ Building individual resilience and the capacity for self-help▪ Improving community strength, resilience and capacity in suicide prevention▪ Taking a coordinated approach to suicide prevention▪ Implementing standards and quality in suicide prevention
Target Groups	<ul style="list-style-type: none">▪ Men▪ Youth▪ Indigenous populations▪ People living with an alcohol or other drug problem▪ Whole of community

2. Project Description

The Yiriman Project started in 2000, because Karajarri, Nyikina, Mangala and Walmajarri elders in the West Kimberley were concerned about young people who were harming themselves with drugs and 'grog' and getting in trouble with the law. Following long established traditions, they set up an organisation that would help take young people, elders and other members of the community on trips to country.

The Yiriman project aims to assist local 'at risk' Indigenous youth in a culturally appropriate manner through collaboration with the Fitzroy Valley community and relevant agencies to develop and provide culturally appropriate strategies to address issues of self-harm and suicide in young Aboriginal people in Fitzroy Valley.

The project aims to achieve the following outcomes:

- Indigenous youth will reconnect with their culture, resulting in a strengthening of self identity and increased self esteem
- Increased community ownership and awareness of factors affecting mental illness, drug/alcohol abuse and suicide
- Positive relationships developed between young people, mentors and cultural leaders resulting in greater levels of understanding and respect
- Formal and informal partnerships developed between the community and other relevant service providers, resulting in an increased capacity to appropriately respond to at risk youth

Yiriman Project

- Increased number of Aboriginal youth participating in community based diversionary activities.

3. Activities

Activities undertaken by the project to achieve the objectives are:

- Four week long 'back to country' bush trips with targeted 'at-risk' individuals together with cultural elders and cultural mentors. Young people are exposed to and learn of their connection to country, cultural responsibilities and participate in cultural activities (i.e. skin grouping, traditional language, storytelling, bush medicine, singing/dancing, bush foods, looking after country)
- Numerous informal weekend activities and bush camps
- Provide opportunities associated with traditional practices: keeping country, people and mind healthy
- introducing service provider workers to family groups and disbursing information about services available to people.
- Ongoing communication with service providers such as Nindilingarri Drug Alcohol & Mental Health, Department of Child Protection, Standby Suicide Response, Headspace.
- Wunda Warlu (Fire wood collection) - Young people work with Field Officers (role models) to collect firewood (or other activities as directed by the Elders) for older members of the community.

4. Funding

	Round 1			Round 2		Round 3	
NSPP Funding	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Amount	Not Applicable	Not Applicable	\$100,000	\$102,850	\$100,000	\$101,800	\$103,632
% project funding	Not Applicable			30%		20%	

5. Staffing

	Round 1			Round 2		Round 3	
	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number staff positions funded (FTE)	Not Applicable			0.4		0.4	
Number staff positions filled (FTE)	Not Applicable			0.4		0.4	